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Richard McCooey Peter McKenzie Sandra Northey Ian Robertson Ozan Seckiner Matt Teags Paul Tozer Kate Vaughan Michael Watkins

Vania Da Rul Greg Gasson Cullen Habel Jason Peters Gary Scheepens

Calder Chernoff

Craig Trimble Michael Vaughar

Wingsuiters Dr Glenn Singleman, Heather Swan & Roger Hugelshofer flying over The Gabba, Brisbane, QLD. **Photographer: Paul Tozer**



Johnny Windsock celebrating his 1,000th Jump, surfing the waves of the Langhorne Creek Salt Flats, SA Skydiving. Photographer:

Arvid Selander

I WANTED FOR NEXT ISSUES 1

· Profile of yourself, your mate, your hero or a 10,000 Jump Pig

· No Shit There I Was stories

· Ouch photos · Happy Snaps

· Wild New GoPro Angles

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Director Competitions

The National Championships recently run at Nagambie saw more competitors in some disciplines than we have ever seen before in Australian national competition.

This was, in part, due to a development initiative by the APF, which saw Australian team members splitting from their normal teams and coaching/training newcomers to their disciplines. This may become a regular feature in the World competition "off years", as the initiative was a resounding success according to most of the new participants. Hopefully, it will also create new competitive Australian skydivers to follow in the footsteps of their mentors. Competition is what defines skydiving as a sport; without competition, skydiving would simply be a past-time, hobby, or place of employment.

Our competitors are our "Face to the world" and I thank everyone who took the time and effort to present themselves, and our sport, in a positive fashion to the public through the press. We gained great exposure for

Skydiving at the 2015 Nationals, which saw live television crosses, local and national television spots, and plenty of print and web coverage.

We saw plenty of new personal and team best performances, and new records being set across the range of disciplines being contested. With mainly calm weather, no organisational issues, great direction of the

Meet, prompt judging and good facilities, every competitors' meeting that I held raised no complaints at all from those people who attended them -I think that may have been a first! See you at York for the 2015

Canopy Piloting Nationals! Craig "Crash" Bennett

APF Director Competitions



Director Judging

For those who don't know me, I have been a Judge since 1993, the year I had a serious accident that kept me on the ground for nearly two years. My rating was acquired in Formation skydiving, and I have represented Australia sixteen times as an FAI Judge, including being an Event Judge twice and a Chief Judge for a Category One competition. I have also acquired a FAI Artistic Judge rating. I kept jumping until 2000 then sold my rigs – sad moments - as being a founder of the first VIC Relworkers League in 1994, I was busy and satisfied with judging Leagues, Nationals and IPC competitions. I married Keith Francis in 1999, have no kids, have raised seven Guide Dog puppies, and was a financial services executive until I decided I wanted to pursue my eight-year passion for acting. I've finished a Diploma in Drama and many doors are open for me to work on stage, TV, film and Voice, so I quit Westpac Private Bank last October to work in the creative space. Oh, and I live in Melbourne.

My vision for the judging community is to retain and up skill the dedicated team we are already privileged to work with in this country; and add to it some vibrant newbies with a passion for this fulfilling alternative career called judging. Judging is challenging, demanding, skilful, testing and hugely satisfying work. Please watch this column for a workshop coming to your State this year. This is an exciting future for judging.

In the immediate timeframe, we are judging the E-League in Formation skydiving for 4-way and 4-way Inter teams. This event happens in Feb-April. Unlike other competitions, you get to jump the same round as many times as you like until you've got it right, then submit your best effort to Dropbox. This addresses the situation where different aircraft may

cause inadvertent funnels. There's still time to register and do your three February jumps and judges around the country are awaiting your efforts. Good luck.

Looking back briefly to the Nationals, which had loads of coverage, it was a great effort by the fabulous judging team of eight, including Jock Moir (CJ Accuracy and Artistic), Faye Cox (EJ - CF), Ray Williams (EJ - Art), Dean Brook-Rerecich (EJ - Accuracy and Head Chef), Sheena Simmonds (EJ - Wingsuiting), Cole Ruthenberg (Tech Assistant Wingsuiting and every other discipline), and visitor David Choi from South Korea. It was my pleasure and honour to be Chief-Chief of this group of willing, hard-working and fun people. We were superbly aided by Calder Chernoff as Technical Support who took care of everything in his capable and unflappable way, running InTime, getting out the results, assisting with draws and teams, and giving the audience something to look at that never faltered, even in the face of power outages. Thanks heaps, Calder!

The Canopy Piloting Nationals takes place in York W.A. over Easter, 1-5 April. We seek to field a team of up to nine judges, some experienced and some new, to share the skills and load. Best of luck to all competitors.

I look forward to meeting competitors in every State and am excited by being the new Director Judging. You have been wonderfully served by Lindy Williams in the past and I hope I can fill those very large shoes. See you soon!

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Gail Bradley APF Director Judging



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Redeveloping the Development Office

With **Rob Libeau**, APF

Welcome back people - 2015, a new start for many, a continuing saga for others. For me, well – I am still re-developing! (and, I am sure this can be verified by those who knew me in the 90's).

For those who are very new to skydiving, perhaps reading an ASM for the very first time; this column is designated to tell you all you need to know about APF programs, great DZ and member achievements, and all things developing in the Australian sky. This column hopes to not only give you loads of information and reviews from skydiving around Australia and the world; I also hope that, at times, may even entertain you.

However, I think at this point, it is important to take stock and give a big thank you to 2014. You supplied the Australian Skydiving community with Australian and State Records, World Parachuting Championship Gold and Silver medals, fantastic Boogies, a Mondial Nationals and many great achievements by the skydivers of Australia including, participation in successful world records.

From my perspective, 2014 was, in a sense, a trial for bigger things to come. I have learned from our efforts and can now improve on past projects. For example: The B–Rel Training days was a great initiative but, quite simply, there was not enough funding to support the program at every DZ. This meant that only a handful of DZs were involved and essentially, it only benefitted 20 – 30 skydivers.

A new model that will be introduced early in 2015 will see this initiative directly benefit a minimum of 110 B–Rel candidates.

Also in 2014, the APF, along with many members (special thanks to Lisa Perdichizzi and Aggi Gawlik), worked hard to introduce a mentor program for the Women in Adventure Sport (WIAS) initiative. This program now has over 30 mentors supporting female skydivers who are in the early years of their progression. I am sure this initiative will continue to grow and soon provide mentoring for males. Check it out on the APF website!

Another great initiative and though it physically happened in 2015, the Split Team Strategy was born in 2014. This strategy saw our current champions from various teams across many disciplines, divide and produce a number of intermediate teams that, ultimately went on to compete at the 2015 Nationals. This created the ground work for a great Nationals in Canopy Formation, Formation and Vertical Formation Skydiving, with a wealth of teams competing for the

I truly hope that that experience has inspired people to go on and continue to compete!

Moving ahead, 2015 will continue to grow with momentum from previous years efforts. Programs that are currently running have been reviewed and refreshed and new initiatives are being established.

The development office is focussed on growing our sport from every angle. Last year, we had an emphasis on retention at Certificate A and B levels.

In 2015, this attention will remain but, entry to the sport, opportunities to develop for Certificate C – F, Judges, Coaches, Instructors, elite competition, APF organisations and the whole brand of the APF has a place in the strategic plan!

Covering off on Certificate A and entry in to the sport, programs will include a concentrated effort on Tandems, free

12 months membership for students whilst they obtain their Certificate A and the (currently running) APF Promo encouraging AFF.

For Certificate B, we are continuing to run the B–Rel programs and incentive programs.

At Certificate B - F, the E–League has 16 Intermediate FS teams with every State, the Top End and NZ represented. This project will easily supply us with a model to expand on to other disciplines in the future.

And, all disciplines will have opportunities to strengthen and grow through APF funding of local and international coaches at coaching camps and through volunteer led Fi Funded events.

This year, the APF identified teams and areas that warrant support. We know all teams want and require quality coaches and this new initiative will not only benefit the teams themselves but, also the DZs and many other skydivers across Australia.

The teams within the Australian Team and those who are tipped for the Australian Team (without putting undue pressure on anyone), generally go O/S to be with their coach and because the APF believes in providing a benefit to all Australian skydivers whenever possible, the initiative this year – bring the coach to our shores. Firstly, to dedicate a camp to our team and secondly, a camp for everyone to attend!

The first one being an FS camp with the UK's Steve Hamilton and Australian team Bellatrix.

Initially, Steve will spend the week with Team Bellatrix and then, both Bellatrix and Steve will be available for two days to coach anyone else interested in capitalising on his visit.

Put April 28 – May 1 in your diary for this special extended Bellatrix Training Camp and keep an eye out for the E–News Broadcasts for updates.

For VFS and Freefly, Steph Strange and Jason Russell, along with The Addicted and Team Focus have been earmarked for a camp in September. As with the Bellatrix Camp, Steph and Russell will coach with The Addicted and Focus then, all of them will be available for coaching for those interested.

These are fantastic opportunities for all APF teams and members to utilise great coaches at no expense for bringing them over!

In other areas of the sport, we are looking at running roadshows to develop coaches and future instructors, the same with judges.

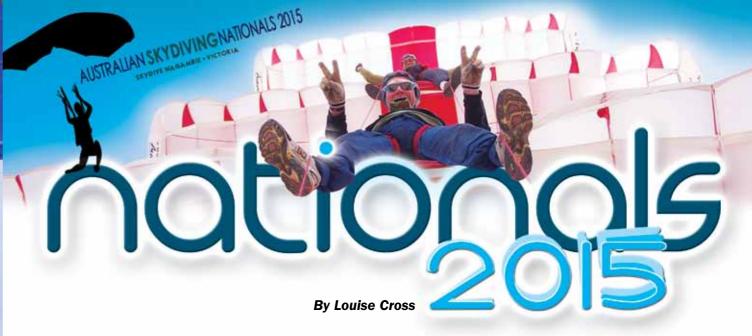
Promoting our sport, The Australian Masters Games will put parachuting front and centre of the media circus surrounding such an event. An accuracy competition and displays throughout the games will be certain to place parachuting at the top of the conversation list throughout the Games and will showcase parachuting to a very wide television audience.

These are exciting times and I have only skimmed the top when it comes to the plans of the Federation to support and grow Australian skydiving. So, stay tuned and I urge everyone to check out the APF website and give it a good going over to see what is available and happening in skydiving today!

Hope to see you at York for the CP Nationals and if not – see you at the Conference!







AFTER EIGHT MONTHS OF HARD WORK, THE TIME FOR NATIONALS 2015 HAD ARRIVED. VICTORIA HAD NOT PLAYED HOST TO THE EVENT FOR THE PAST 25 YEARS AND IT WAS TIME FOR IT TO RETURN. WITH THE YEAR-OLD FACILITIES AT "NEWGAMBIE", THE OWNERS AND STAFF WERE KEEN TO SHOWCASE THE VENUE.

It was decided very early in the planning stages by Event Director, Dan Tothill, that competitor comfort was of the highest priority; this was enthusiastically shared by excompetitors and Directors of Skydive Nagambie, Don and Louise Cross.

Dan Tothill said, "The competitors are the people that take the message from the event. They speak of the facilities, the planes, the people, and the overall vibe. If it is good and everyone is happy, we will see people back here over and over. That is a sign of a successful event."

At the completion of the practice day, the Nationals were officially opened with a ceremony with guest speakers, and demonstration jumps from some of Australia's top competitors – an 8-way Star and a CRW stack. The Australian flag was jumped-in by Accuracy competitor, David Boulter, to the accompaniment of the National Anthem. One of the sponsors of the event, Tahbilk Winery had set up a wine tasting tent for the opening, which was very well received.

Day one of the competition commenced with Accuracy, Canopy Formation, and Formation Skydiving. While VFS teams and fun jumpers made use of the Caravan.

Day two was the same format as day one, with Formation Skydiving and Canopy Formation both completing their competition rounds.

Day three saw the commencement of the Artistic events, VFS, and 8-way FS. These competitions were completed in the one day, as the forecast for the impending bad weather for the weekend had both the organisers and the competitors cranking up the pace.

Accuracy continued on until Friday morning (day four), as the conditions they required are difficult to come by in summer. As they were the last discipline to finish, the last rounds of their event attracted quite a few spectators out to the Tuffet to cheer them on.

A big plus for the competition was the live scoring which was available for public viewing both inside the hanger and outside on the massive 15m2 outdoor LED TV provided by the APF.

Misting fans located around the drop zone provided some relief from the January heat and dust – the only week in the entire month to boast temperatures up around the 40-degree mark.

"Finally after four years in the sport, I attended my first Nationals at Nagambie.

I couldn't imagine a better event to be a part of, than in an all chicks 2-way CRW team with Tracey Sgroi, and coached by all-time legend, Jules McConnel.

We had one training camp together in Moruya two weeks before the event. Jules taught us the technical aspects of 2-way CRW, and we got a bag of tools to use.

I had heaps of fun during the competition, and also became good friends with my fellow competitors/ come future CRW playmates. I really look forward to doing more of this awesome sport!"

Sandra Northey, Sic Puppies



nationals





THE COMPETITION

Teams started arriving as early as New Year's Eve for training in preparation for their events, with the majority turning up on the weekend prior to the competition commencing. The APF had provided funding for Craig Vaughan of team Rotor Out to ground coach any teams that required assistance. The other members of Rotor Out, were also on hand to help out in between their team training jumps, providing valuable assistance to many of the junior teams.

Formation skydiving was hotly contested, with an increase in the number of teams for an off year. Seven Open teams, and

five Intermediate teams competed in the 4-way event, while two teams contested 8-way.

Nationals' records tumbled in several events, including a blistering, record-breaking performance by Victorian team and National Champions, Rotor Out. Intermediate teams, Impulse and Pullout shared a record of 25 on the same round of their event. The big screen TV provided a great vantage point to witness the tussle between these two teams to see who would become the eventual winner.

4-way Open FS results

1st: Rotor Out: Steph Vaughan, Craig Vaughan, Simon DiSciascio, Rob Thomson, and Dan Rossi (camera)

2nd: Bellatrix: Kate Vaughan, Riss Anderson, Karen Hardy, Ann-Marie Jarzebowski, and Mark Laing (camera)

3rd: GiddyUp!: Laurence Garceau, Melissa Harvie, Andrew Barker, Steve Smith, and David Bakkers (camera)

"The 2015 Nationals were very good, we would like to thank Skydive Nagambie for their great effort, Newgambie is awesome, can't wait to come back next year.

We had an awesome comp and we are very happy to come back home with the gold medal. The Nationals are always a great week to spend with all the skydivers that dare to give a go at competition; great time, great people, and awesome vibe. Bring on 2016." WD40



1st: Impulse: Alan Deadman, Asher Jones, Dale Findlay, Grant Christie, and Luke Oliver (camera)

2nd: Pullout: Natisha Dingle, Gary Nemerovsky, Travis Wood, Mariska Folley, and Ben Nordkamp (camera)

3rd: 4Viators: Jan Paul Kobarg, Uli Terheggen, Ryan Jenkin, Simone Bambach, Peter Etherton, and Scott Neander (camera)

Once again, team Innuendo, Simone Bambach, Riss Anderson, Peter Etherton, Russ Blackman, Troy Cotty, Steve Smith, Kate Vaughan, Travis Wood, and Scott Neander (camera), led the way convincingly in 8-way.

Rotor Bits, Craig Vaughan, Simon DiSciascio, Laurence Garceau, Grant Christie, Anita Perryman, Mick Hardy, Karen Hardy, Helen Mahony, and Dan Rossi (camera), formed at the completion of the 4-way event to give Innuendo a competition. The event was called after five rounds.

Canopy Formation Skydiving – 2-way Sequential

As an off year, team members from National Champion's Ookoonono each mentored and competed in an Intermediate team to assist with the development of this discipline, while some old army mates banded together to make a fourth team.

After the eight rounds were completed, the placings were as follows:

1st: Wingin'lt: Duncan McLeod, Michael Collins, and Craig Bennett (camera)

2nd: Wrap City: Stami Donovan, Mike Watkins, and Michael Vaughan (camera)

3rd: Sic Puppies: Sandra Northey, Tracy Sgroi, and Jules McConnell (camera)





Classic Accuracy

Seven competitors fought it out over ten rounds, in some trying conditions, to see who would take out the title of best ground pounder for 2015. Old dog, Graeme Windsor, showed the younger competitors how to do it, taking the title narrowly from Janine Hayes in second place, and Mike Dyer in third. It was great to see a couple of younger competitors taking up this event, with the more seasoned veterans acting as great mentors offering up advice when required.

Vertical Formation Skydiving – 4-way Advanced

This year heralded a great competition for VFS with five teams battling it out to take top position. It was exciting to be able to witness some inspiring performances from the top teams. Results for this competition were as follows:

1st: iFly Downunder: Frazer Smith, Tim Edwards, Kurmet Jaadla, Tim Golsby-Smith, and Mark Gazley (camera)

2nd: Focus: Kieran James, Tina Muddle, Kyle Chick, Nathan Smith, and Dan Smith (camera)

3rd: Activ4te: Steve Williamson, Jono De Wet, Shelly Delaney, Rob Delaney, and Aaron Gray (camera)

2-way VFS

Only one team registered for this event, so unfortunately even though they were judged, they were unable to receive any medals for their efforts, but well done to Fairy Penguin Defence for having a go.

Artistic Freestyle

Once again seasoned Freestyle competitor, Naomi Adams, registered with Mark McColgan to grace our skies with her flowing style, forming the team Still Working On It; while Amandine Genin and Wade Edwards, as team WD40, provided hot competition. The competition was close, with team WD40 coming out the eventual winners. Amandine was seen the next day still wearing her medal! The question is, has she taken it off yet?

Artistic Wingsuit

Two teams registered for this relatively new event: Jet Stream and Stream Jet. This was an exciting discipline to watch, both from the ground and the air. We hope that it continues to grow and gain in popularity for future National competitions.

"'A Nationals at Skydive Nagambie? In January?'

That's all I'd heard for months in the lead up to the 2015 Nationals... Lots of moans and groans about how hot it would be at that time of year, 'won't it be unbearable?', blah blah blah.

Well, I can't deny that two days WERE a little bit toasty, but with the infrastructure and facilities that Don and Lou have at the drop zone, and a lake not far away to jump into, it was surprisingly easy to survive the couple of days when it was over 40 degrees. Misting fans around the place and a huge, high-ceilinged hanger with whirly fans in the roof, plus and INDOOR creeper area, all proved to be a big hit with competitors. As was the super-swift judging and the footage and scores relayed to big screens all about the place. All-in-all, it was a fantastic set-up for Nationals and I loved it from start to finish.

It was the first competition for our new team, Bellatrix, made up of myself, Riss Anderson (I just can't seem to shake that girl off?!), Ann-Marie Jarzebowski, Karen Fuller and Mark Laing. It was quite liberating to go to a competition with no expectations and no real idea of how we would go! We were happy with our performance and had a lot of fun, achieving a silver medal in Open 4-way FS. As usual it was both inspiring and humbling to watch footage of fellow competitors in action, and then to stand next to them on the 'podium' with our medals.

The team is now excited about the year ahead that we've planned and look forward to returning to Nagambie in 2016 for the next Nationals!"

Kate Vaughan, Bellatrix



"After a CRW weekend a

"After a CRW weekend at Elderslie in September to gain our CRW Crest, hosted by Jules McConnel and Michael Vaughan, and another organised weekend in Moruya, the newly formed, Sic Puppies, were off to Nagambie to give the guys a run for their money!

After a couple of days training we decided to try landing on the drop zone. (How much do we owe you for petrol, Don?)
All of us Pups learned a lot that week and had a great time competing against and supporting each other; and touching
HEAPS! CRW is loads of fun and I encourage everyone to give it a go and get amongst it!

Thanks to Ookoonono for organising the CRW camps and taking us Pups under their wings and get to Nationals! Congrats to everyone who competed at this well organised event – especially the new Oz record holders!"

Tracey Sgroi, Sic Puppies



nationals



NOTABLE ACHIEVEMENTS

- · 56 slabs put over the bar.
- Mariska Folley, Pullout, 4-way FS, gainedan Intermediate 4-way FS record as well as doing her 100th jump during the competition.
- Tim Edwards of winning VFS team, iFly Downunder, had only 100 jumps and kept up with the more experienced flyers.
- An attempt at a 12-way CRW Stack, which resulted in a canopy wrap and two cutaways on the same jump.
- James Boyle's canopy explosion resulting in a cutaway.
 Just how many jumps can you get out of a Stiletto these days is the question?
- Five Cutaways in one day (day two of the competition) two CRW, three Sporties.
- Travis Wood's 1,000th jump done on Round one of 8-way.
- Rob Thomson of Rotor Out is the only person to now hold both the 4-way and 8-way (XLR8) Oz records in Formation Skydiving.
- 1,603 jumps, 140 registered competitors, 3 planes, numerous records and 0 injuries.
- Getting the event done in four days due to the forecast for bad weather.

MEDIA COVERAGE

"Overall the accuracy of the Nationals 2015 media coverage was pretty good, and tended to reflect an improving understanding of the competitive side of the sport, as opposed to simply great pictures and Tandem skydives.

Of the fifteen skydivers who very capably provided media interviews, five were women. Jules McConnel and Kate Vaughan did several interviews each, so it's fair to say that the media voices/faces we put out there were 50% female." **Kelly Brennan**







"In 2007, Ookoonono competed at the Aussie Nationals and had a top score of six.

In 2015, Wrap City competed at the Aussie Nationals and top scored with six.

Everyone needs to start somewhere." -

Michael Vaughan, Wrap City















"Michael and I have discussed competing against each other at the Nationals on an off year for some time now and it's finally happened! We were stoked when Crash decided to come play as well!

What a great way to boost the competition base of CF with an awesome bunch of CRW Pups and old Dogs (or Moths)!

The learning curve was steep amongst all teams and I was super impressed with the progression of the Sic Puppies. Some really nice moves!

The camaraderie between all teams was great – we had a plane to ourselves and cheered each other on throughout the competition; while enjoying a relaxing afternoon by the lake after each day of jumping.

Thanks to the APF for supporting this initiative, I look forward to the next off year... For now Ookoonono's back in action for Chicago 2016!"

Jules McConnell, Sic Puppies

THANK YOU

The event could not have been run without the assistance of many people who worked tirelessly to ensure the success of Nationals 2015.

- · Event Director: Dan Tothill
- Meet Director: Gary Myors
- · Judging Panel: Gail Bradley, Chief Judge, and her panel of judges
- · Sydney Skydivers: Phil Onis for the use of his Caravan
- Pilots: Dan Martin (XL), Don Cross (182) and Chris (Caravan)
- · DZSO: Don Cross
- · IT Technician: Calder Chernoff
- Media Consultant: Kelly Brennan who did a fantastic job of getting the event National coverage
- APF: Rob Libeau, Brad Turner and the APF office staff for all their assistance prior to the event
- Volunteers: Thumbelina Loz Davids, Kelly Rivas, Jeson Stow, Jason Murtagh, John Kinton, Maddy Cross
- · Packers: Cade Bowers, James Callahan and Simon Young
- · Rigging: Brett Newman from Downward Trend

These events can also not happen without the generous support of sponsors. This year we were lucky enough to gain major sponsorship from the Victorian Government, the Australian Parachute Federation, the Strathbogie Shire Council, and Tahbilk Winery. Many other sponsors from within the skydiving industry provided prizes to one member from each team. Those sponsors included Downward Trend, LVN, NZ Aerosports, Vector, Cookie, Vertical, Ouragan, Alti 2, and Bev Suits.

Skydive Nagambie would like to thank all the competitors who ventured to Nagambie for the event and hope to see you all back next year for the 2016 Nationals.

"Wrap City was born in Elderslie during a CRW weekend roughly four months ago after Jules asked both Stami Donovan and myself if we would like to compete as a team at Nationals. We were both keen and the team was born. Soon after we learnt that Michael Vaughn would be our coach, which we were both beyond stoked about!

Our first event was the N.S.W. State Meet where we had a fun and a close competition with two-three other teams. We learnt a lot about how we flew together and began to pick-up and learn each others flying styles, which made us fly tighter overall, and gaining a Gold medal for our effort.

We followed that up with a few training weekends as a team with Michael, which due to weather, focused on theory and video reviews as our primary training in the lead-up to Nationals.

After arriving at Nagambie in early January, we started training, doing roughly ten-twelve training jumps in total; learning a lot about the tricks-of-the-trade, and building up our CRW 'toolkit'. This is something that is going to set us up well for the rest of our CRW careers, something we can't thank Michael enough for; you are an awesome coach and we both felt super lucky to have you.

At the end of Nationals we were left with a final score of 28, an average of four points per round and second place overall; three points short of Wingin' It who continued to fly like legends, ending with a final score of 31 and a well deserved Gold Medal.

The journey from CRW Pup, to competitive CRW Dog has been an amazing one. The amount you learn about canopy flight is unparalleled in the sport. I would urge anyone quietly contemplating CRW to give it a crack. Like CRW canopy openings, you won't forget it anytime soon.

To the other CRW teams, Sic Puppies, Bogong Moths, and Wingin' It; you all flew like pros and it was awesome seeing each of you progress as the event went on. Thanks for making the competition as enjoyable as it was and hopefully we can meet again next Nationals.

Thanks also to Ms Jules and Crash for your support prior to, during, and after the event. You guys were awesome and it was epic!"

Michael Watkins, Wrap City



nationals















"For as long as I can remember, CRW hasn't been a particularly popular discipline within the Australian skydiving scene. After their success at the latest World Meet, and smashing the Australian 2-way sequential record, Ookoonono decided it was time they got more competitors. To help introduce more competitors into the sport, and help prepare for the looming Australian 50-way CF formation record later this year, Ookoonono split-up for this year's Nationals to coach, film and inspire three Intermediate CF teams.

Not only being my first CRW competition, but also first Nationals' experience, cartons of beer were definitely enjoyed! I didn't really know what to expect but was impressed with the camaraderie of all jumpers and the smooth organising of events by the Meet Director and Skydive Nagambie Crew!

The exciting news is that most of the teams who have competed this year will be training and ready to compete again next year to take on Ookoonono and The Chaps at the 2016 Nationals in Nagambie. With our levels of improvement, we CRW Pups have already achieved, you guys had better be ready!

Since I did my first CRW jump in 2011, I have been looking forward to focusing on the discipline, but have found it difficult to find others to play with. Thanks to the support of the APF, and the time, effort and skill of Crash, Jules and Michael, the discipline has seen a surge of interest and enthusiasm over the last year. Over nineteen new Lightning canopies have been ordered, and CRW seminars and courses are being organised and run around the country. It feels like really exciting times lay ahead with CRW in Australia. If there was a time when you were considering to give it a go, I would suggest you get on board now! Get out there and learn how fun and exciting CRW is. I doubt you'll be disappointed!

I feel like this initiative has been highly successful and I personally look forward to continuing along this path and representing Australia in CF in the future!"

Duncan "Weasel" McLeod, Wingin' It

99

"After flirting with CRW over the past few years but never fully getting into it, I received an unexpected message from Craig 'Crash' Bennett a couple of months prior to the Nationals asking if I wanted to join a scratch CRW team to trial a new Inter CRW competition format. It took me all of five seconds to decide not to miss this great opportunity to compete and receive top level coaching from 'Ookoonono'.

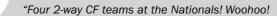
Unfortunately, due to work commitments and being the end of the year, we could only manage one training weekend, but it was extremely productive going from getting wrapped in the first jump together (thanks Weasel!) to turning five points in time by the end of the weekend.

The competition itself was great fun and I had a ball jumping with the guys along with all the other CRW dogs. We all learnt a huge amount and experienced the excitement of competition (not a first for all of us!). After eight rounds of mostly great jumps (and some not so great) our team, Wingin' It, managed to come home with the gold after a late push from the talented boys from Wrap City.

This experience and Ookonono's training initiative has made me excited about jumping again and team Wingin' It will be continuing on to hopefully bigger and better things, bring it on!"

Michael Collins, Wingin' It





Wingin' It managed to take out the gold after learning the right (and a couple of the wrong!) ways to make some of the moves required, in a quick couple of weekends training. Sorry for taking your usual place on the podium Michael Vaughan!

Weasel tried to wrap Michael Collins a couple of times; luckily it didn't put them off too much, but seemed to teach Michael how to do it – as he demonstrated on me during the attempted 12-way we tried with all the teams after the competition had finished! Have you had your Reserve repacked yet, Michael?

We all had a blast, the newbies learnt heaps, and we got six new Nationals' competitors up on the podium. Great effort guys and girls, and a huge thanks from all of us goes out to the APF for supporting this development initiative.

Here's hoping Ookoonono and The Chaps have some contenders trying to take them off the podium next year – we had better start training, as I think there will be!

Bring it on!

Craig "Crash" Bennett, Wingin' It























By Luke Oliver

So... Woefully uncurrent, not-quite-rehabilitated from my Achilles tendon repair, bleeding from my left nostril (long story) and with substantial sand in my private parts, I wound up packing for Team Impulse on the last day of competition at the 2015 Nationals in Nagambie.

It was great! Well, until Round nine, whereupon I treated our captain, coach and outside centre, Grant Christie, to a spinning malfunction.

What happened next was awesome.

By the time Grant made it back to the packing area, the response was in play. I'd located the DZSO; Don had already witnessed it, and the Skydive Nagambie recovery process was already happening. I'd located the Director Rigging and Nationals' Rigger, Brett Newman of Downward Trend. Upstairs in the outstanding facilities, he cleared the decks in glorious anticipation. I'd located a spare rig for Grant to jump (well, I wasn't using it today).

- 1) Grant went to dirt dive for the last round. Business As Usual.
- 2) My darling partner Lea and myself packed the team rigs.
- 3) After inspection, local staffer Simon Young untangled the main.
- 4) Brett repacked the reserve.
- 5) I repacked the main (exactly the same way, in case you're asking; and no, it opened fine.)

By this time, Grant had made the gear up call – but I was able to take a leisurely stroll to the emplaning area and swap his freshly repacked rig for mine. A ninety-minute malfunction turnaround in competition! Round ten proceeded as per usual.

As it turns out, no-one really noticed. Natasha Dingle dealt perfectly with a high-speed malfunction in the same timeframe – nothing to do with me; and my claims of, "cheap packs, 96% opening record" wasn't attracting new business anyway.

There are many parts to a successful skydiving operation, and a successful national event. This was managed perfectly and was a part of the Team Impulse success. Don, Brett, Simon – and every other volunteer and official that represented so well at the Nationals – thank you.

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What is XRW?

GLAD YOU DID.

XRW: HIGH PERFORMANCE WINGSUITS FLYING RELATIVE WITH HIGH PERFORMANCE CANOPIES IS ARGUABLY THE MOST EXCITING DEVELOPMENT IN BOTH THESE SKYDIVING DISCIPLINES. MORE THAN JUST FLYING RELATIVE, XRW INVOLVES MAKING AND HOLDING FORMATIONS AND DOCKS BETWEEN THE WINGSUIT AND CANOPY PILOTS: AND SURFING . THE CANOPY PILOT RIDING ON THE BACK OF THE WINGSUIT PILOT. IF YOU HAVEN'T SEEN THE SPECTACULAR IMAGES AND VIDEO OF XRW JUST GOOGLE 'RAISE THE SKY' XRW DUBAI, YOU WILL BE

AUSSIE

Article and photos by Paul Tozer

As I approach my twentieth year in skydiving, it still blows me away how far our beautiful sport, and passion, has come. When freefall was just freefall, it lasted 40 to 60 seconds, then you dumped and spent the next several minutes gliding to the ground, hopefully, with a huge smile on your face.

Canopies have gotten smaller and faster and piloting them became a sport in itself. Then came freeflying in its various forms, and then wingsuiting; the discipline that forever changed my life and my view of skydiving.

Back then I had around 4,000 jumps (mostly Rel competition camera) and I was getting a little bored. After years of competition I felt I needed something new within skydiving, I even thought about quitting the sport. Then in 2007 Greg and Elaine Cox talked me into trying a 'Birdman Wingsuit', which resembled an oversized camera suit (and a neon straight jacket). From my first flight, wingsuiting blew my mind. Now I could really fly!

Fast forward eight years and so much has changed. The wingsuits available now are technologically a world-away from what they were, and the performance is beyond what I ever thought possible, even five years ago. There are now a number of excellent manufacturers making suits in the high performance category. I jump the 'Rebel 2' from Tony Suits. Every time I put it on I'm amazed at its size - it resembles a king-size bed sheet, even with my height: 170cm.

In these high performance suits, expert pilots can fly a sustained 30mph vertical decent rate comfortably and achieve four minutes plus freefall time from 14,000ft. Combined with the 200kph average forward speeds and distances exceeding four miles, the term 'freefall' really doesn't apply anymore.

Inevitably it wasn't long before skydivers figured out that as the canopies got smaller and faster, and the wingsuits got bigger and stayed in the air longer, we would be able to fly relative together.



Who's doing it?

XRW began a few years ago in the U.S. and Europe. Pilots here watched in envy as Taya Weiss and her 'Raise the Sky' team did the most amazing docked and undocked formations in America and then Dubai. They achieved beautiful flocks with five or six canopies and wingsuits flying sustained and perfect formations. Multiple docked flights, hand-holds and surfs, even some CRW (while surfing a wingsuit).

Darren Griggs "Griggsy" and Michael Smart "Woody" from Victoria are pioneers of the discipline here. Griggsy, a very accomplished competition canopy pilot, started with a 69ft² borrowed Prototype Icarus canopy called Clara with front riser trim tabs, and Woody flew an 'X-Bird' by Tony Suits. They did more than 100 jumps working on the right aircraft run-in, exit order and timing, along with the optimum loading for the canopy and matching the required vertical lift and forward speed. They did all the hard work when there was little to no information available. The Clara was a prototype that helped form the basis of today's Petra, and Woody's X-Bird had a relatively small wing size compared to the suits available now, yet they pulled it off and succeeded in doing the first 'held' XRW docks and surfs in Australia.

Jai Campion and I joined them early in 2013. We were thrilled to achieve the first 3-way XRW dock and much more cool flying was to follow. My mind was blown, again!

In 2014 we did a training camp in Nagambie. We added expert wingsuit pilot, Roger Hugelshofer, and competition canopy pilot, Niki Jackson, flying the Icarus JVX69 loaded to 3.4. Griggsy was flying a sexy new Petra 67, and we all had bigger wingsuits, so things started to get REALLY interesting!

We did multiple jumps, performing numerous docked and undocked formations and flocks, culminating in some beautiful 5-way flocks at the end. I was privileged to fly camera on a lot of these flights and the visuals were amazing.

Now the boys have better canopies with wing loadings ranging from 3 - 3.4 so we no longer need front riser trim tabs, which went a long way to improving Darren's stress levels and malfunction stats! Roger and I were jumping the 'X3' from Tony Suits (Apache Class), Jai was flying the 'Venom Power' from Phoenix Fly, and Woody the 'Squirrel Aura'. All these suits are equally well suited for the task.

Skydive Nagambie generously hosted us while we did this amazing form of skydiving and more recently we got to play over Bridgewater and beautiful Torquay as guests of Ralph at Skydive Australia. We even had Taya Weiss come and play with us on one. All of these jumps remain some of the best I have ever done!







Why we do it?

The visuals are like nothing I've seen before in Skydiving. XRW breaks all the early laws of skydiving as we knew them. We are flying relative and performing multiple docks and flocking formations while we are technically in 'freefall' with fully open, fully functional parachutes. I'm not sure where we go from here, but we have some big goals, so I know we will have fun working it out.

"I just bought a big Wingsuit, can I do XRW now?"

XRW isn't easy and it requires a very high level of wingsuit and canopy piloting skill. Manufacturers rate high performance (large) wingsuits as 'expert only' for a reason – they require a different, and advanced, set of flying skills. Mistakes and unplanned movement in the sky are amplified by the much larger wing area, higher forward speed and lift the suits create. Imagine the difference between flying a Cessna and a commercial jet perhaps? If you skate a bit when flying in formation with your mates on smaller wingsuits, this will be greatly amplified when flying a high performance suit at speeds in excess of 200kph. A high level of concentration, discipline and control is required to fly in close proximity to other high performance suits and the Microlines of high performance canopies at extremely high speed.

To progress properly, and safely, wingsuit pilots must learn the discipline thoroughly in small, then mid-range wingsuits before graduating to expert suits. At least 200 wingsuit jumps in small to intermediate suits is often recommended along with an honest performance evaluation.

Can you exit perfectly stable every time? Are you able to dive the suit in a controlled manner and pull up gradually as required? Are you able to fly your wingsuit in formation with another suit with zero assistance from the other pilot regardless of how fast, slow or flat he or she may be flying? Can you fly close to other pilots, perfectly still only feet away, without any unplanned sideways or vertical movement? And finally, can you fly your wingsuit at very low forward speeds, often slower than your suit may have been designed for – 'dirty flying' as Woody calls it – without stalling, potato chipping or sliding around the sky. Flying with skilled pilots and progressively analysing your flying performance with tools like a 'Fly Sight' is the best way for you to improve.





Players in the photos are:

Darren Griggs, Michael "Woody" Smart, Jai Campion, Roger Hugelshofer and Paul Tozer











Challenges

Like most skydiving disciplines, XRW is complex. As the discipline evolves it's important to understand the real, versus perceived, challenges.

When we first started it was all about lift. How could we get the canopies to descend faster and the wingsuits to fly 'flatter'? Since the luxury of sub 70 square-foot canopies like the Petra that have a naturally steep vertical dive, along with bigger wingsuits, vertical speed isn't as much of an issue. We aren't even flying our wingsuits at their maximum lift most of the time. Our average vertical decent rate ranges from 38-42mph, which is quite comfortable to maintain in a high performance suit.

Forward speed is the greater challenge. We average around 85-90mph (135-140kph) horizontal speeds on most XRW jumps (not allowing for wind). Flying an Apache, Aura or Venom Power at this slow speed requires a flying skill that we rarely, if ever use. Woody sums it up perfectly, "You will never fly your wingsuit this 'dirty' doing anything else" and he is right. We often have slightly bent and dropped knees to wash off the natural forward speed of the suit whilst also trying to maintain the lift with our upper bodies. These suits will stall if you try to fly them too slowly or wash off your forward speed too quickly on approach. At the very least they might lose lift due to lack of airspeed or even start sliding around or 'potato chipping'. Imagine trying to fly a fighter Jet next to a Cessna 182 perhaps?

Don't get me wrong, this can be done comfortably once you get the hang of it, but most people won't have ever tried to fly their suits this slowly and XRW should not be their first attempt at doing so.

Equipment

Canopies: The best canopies are sub 70ft², (depending on the wing loading). Most of the time the wing loading ranges between 2.9 - 3.5 depending on the type of canopy being used. We have had the most success with the Petra 67 loaded to around 3.0 as it has a steeper dive angle without the need for an overly high wing loading. Comparatively, Niki's Icarus JVX69 needed to be loaded at 3.4 just to stay on level with Darren under his Petra loaded at 2.9. Even then it struggled to descend as fast as the Petra. I know PD and other brands make canopies suitable for XRW, I just don't personally know much about them.

Wingsuits: Large, high performance, expert suits such as the Apache Class (X3 and Rebel) from Tony Suits, the Venom Power from Phoenix Fly, and the Aura from Squirrel. It's worth noting these suits should not be used in conjunction with small, high performance canopies. They also require at least a 10ft bridle to consistently clear the very large burble and a large pilot chute in good conditions.

New wing suits are being released all the time, so talk to a knowledgeable wingsuit dealer about which suit is best for you.

SAFETY

Safety should always be the first priority because as fun as XRW is, the potential for an accident is high. It should not be undertaken by anyone without the necessary skill, experience, equipment and attitude. Ideally, it is best only attempted under the supervision of experienced XRW practitioners, preferably at a dedicated XRW camp.

In summary, this is an incredible skydiving discipline that still gives me goosebumps when I do it. Like all forms of skydiving it needs to be treated with the utmost respect. Do it right, do it well.

I can't wait to see what's next...

A word from the canopy pilot's perspective: Darren Griggs

XRW – damn it is fun! For me, this is the best type of jump. I get to play around with someone in freefall for a couple of minutes and then you can cap it off with a big swoop at the end of your jump. It also helps out when you can't get Hop 'n' Pops as you can have some more playmates! I think I did around five freefall jumps in 2014 (out of about 350). XRW combines the fun of high performance flocking and adds a few new possibilities as well.

Right now we are only scratching the surface of what is possible. While there has been a fair bit of small static style formations/docks we have not really seen much in the way of larger mixed formations (as yet). Over the last year we have focused more on dynamic flying and movement style jumps. This creates some amazing visuals and really pushes what is possible in flight between the canopy pilot and wingsuiter.

Equipment

The biggest change of the last few years has been the creation of some new, incredibly awesome canopies. Getting a Petra has been a godsend for us, as the combination of its flight range and ability to handle heavy loadings has meant that wingsuiters now have a lot of range to play with. It is also such an incredible blast to fly and it swoops like a dream!

In terms of suitability of canopies; I think any of the current new generation canopies (Petra, Leia, Peregrine) would be suitable for XRW if its at an appropriate size and loading (in the 60-75 range).

For most jumps I fly at my competition wingloading of 3.1, with just 6kgs of weight, so I can train at the end of the jump. With the new Petra, we have been able to do this at a wingloading of just 2.8 as opposed to 3.5 with the old wing. While trim tabs can work, I really don't recommend them, as they are much scarier and unreliable than jumping with a lot of lead.



















TAKE THEIR WORD FOR IT



"I feel this canopy is a great step up for Comp Velocity pilots that want the next level high performance wing but don't want or need the sheer mental focus the Peregrine requires."

-Stu Schoenfeld (6,000 total, 4,000 cross braced jumps)



"The Valkyrie is amazing! The openings are great, it flies very well in brakes, and the swoops are much longer than the Velo. It's the perfect canopy!"

-Max Haim (10,000 total, 6,000 cross braced jumps)







MELISSA HARVIE

Melissa has represented Australia at an International level in both 4-way and 8-way and is a regular participant at the elite Power Play events run by Dan BC which started her on her 'Big-way' journey. Her credentials now include the California State Record (200-way), the Australian Record (112-way) and, most recently, Sector 3 Captain at the very successful Women's World Sequential Event in Perris where two World Records were set.

As captain she assisted in the smooth arrangement of participants in her sector, leading the team to join the Base 30-way and complete the sequential moves. Having worked intimately with top international Big-way coaches, Melissa offers a breadth of expertise as an accomplished in air and tunnel coach to teams and individuals alike, and is a key player in up-skilling jumpers in preparation for our Aussie Record attempt next May 2015.



DAVID LONCASTY

David participated on the 246, 282, 300 and 400-way World Record events. David is a regular international Big-way flyer, participating also in the P3 Spring Fling events, California State Record 200-way, Arizona Challenges including the recent 100-way Diamond formation event, various other P3 events, and the Australian Record 61, 81 and 112-way. David has been a regular Australian Nationals' participant in 4-way and 8-way. His repertoire is huge to say the least! David is on board to up-skill the Aussie jumpers in preparation for the next Aussie-way adventure. David can fly any slot in Big-ways, from Base, Mid to Late Diver. He is famous at our local drop zone for being one of the fastest divers and trackers! His intense and humorous coaching style makes his Big-way days lots of fun



MARK "STRETCH" SZULMAYER

Stretch started jumping in 1989 and has over 5,500 jumps; and has competed in more than 20 Australian Nationals' events! Stretch has represented Australia in 8-way at the 2004 and 2008 World Championships. Stretch has participated in most Australian Big-way records since he started jumping, including the current 112-way record. More recently Stretch has been involved in major overseas Big-way events including Perris Power Play, Spring Fling and recently the Arizona Challenge, which built a 100-way Jewel. Stretch has been a regular in the coaching of 4-way through to Big-ways for some years. He comes with a wealth of knowledge and has a very straight-up and highly informative manner of imparting his skills and knowledge to others.





MICHAEL VAUGHAN

Michael was a member of the Aussie Record 81-way in Corowa in 1999 and then the World Record 400-way in Thailand 2006. When Michael is available between coaching canopy courses around Australia, he load organises at Boogies, Star Crests and at the current Big-way camps at Sydney Skydivers. Michael has competed in many genres of skydiving, including 4-way and 8-way for some years; having represented Australia in 8-way at the World Championships. Michael says it is incredibly exciting to see so many skydivers developing their skills to help them achieve their goal of being a participant in the next Aussie Record in Perris 2015. With all this preparation, the event is sure to be a huge success!



ANDREW BARKER

Since 1997, Andrew has completed more than 5,500 skydives – mainly as a competitor or coach for 4-way or 8-way teams, or as a participant or load organiser of Big-way jumps. He represented Australia at a World Meet level in 8-way.

Andrew loves the occasional weekend as an AFF Instructor also! In 1999 Andrew participated in the Australian 81-way record at Corowa, then in 2010 he was on the Australian 112-way record at Perris, and more recently he's been on a number of P3 events such as the Spring Fling 150-ways and P3 Sequential 200-way events. A ndrew is passionate about his coaching in many genres of our sport and we are lucky to have him involved in this Big-way journey.



ADRIAN LLOYD

Adrian has been jumping since 1986 and has over 8,000 jumps. Adrian was a participant on the Australian records, from the first 30-way through to the most recent 112-way record. Adrian is an AFF instructor, Tandem master, Big-way load organiser at various events and boogies around Australia, he Freeflys, jumps Camera, has competed in 4-way, Speed Stars, etc. Adrian has been involved in just about every genre of the sport! Adrian has been jumping with the P3 team since 2007 and is very conversant with their methodology. He thinks highly of it knowing that it works, and is keen to share this knowledge with you.



TRACEY BASMAN

Tracey has been a participant at international Big-way skydiving events since 2007, including many P3 events such as the Spring Fling and the previous World Record sequential attempt. She has competed in many Australian Nationals in 4-way and 8-way teams, recently representing Australia in Women's 4-way at the World Championships. Tracey participated at the Women's World Record Sequential event, where she was a tracking leader and part of the sequential move in the formation. Tracey is realistic in what it takes to build a strong team in any genre of our sport. She is energised to provide this learning platform for everyone to improve their Big-way skills before May.





I HAVE BEEN INSPIRED TO WRITE THIS ARTICLE AFTER MEETING SO MANY PEOPLE WHO WANT TO BE PART OF THE NEXT AUSTRALIAN BIG-WAY RECORD. IT IS INDEED POSSIBLE 'IF YOU WANT IT ENOUGH' BUT YOU MAY NEED TO DEVELOP FLYING SKILLS THAT ARE NEW TO YOU.

BIG-WAY FLYING REQUIREMENTS

It is generally appreciated that Tracking and Diving skills need to be learnt. In addition, your body position and mental approach to 'how' you fly might also need some development.

Many of you will have received the P3 Big-way Manual as part of a Star Crest briefing or 'Big-way' skills event. It is available from your State Representative and it clearly defines the rules of 'Big-way' flying. Specifically in relation to personal body flight, it is a requirement to:

- · Stop fully before you dock and pick up a grip
- 'Park' in your slot once you have your grip and be able to fly with the formation
- Maintain your heading, even if someone does bring momentum into the formation.

If you have not had any formal team or any personal flying coaching since your B-Rels you may never have had to develop the skills that allow you to do these things.

Indications that some development effort is required include:

- Inability to present to the wind on exit and hold your position relative to others
- Reaching for a grip before stopping
- Inability to stop in slot, sit relative to the formation and feel comfortable without taking a grip
- Moving whilst in your slot with your grip, unable to hold a position relative to the formation on your own or when others dock on you

WHERE HAVE WE COME FROM?

In early learning, many of us will have been told to 'relax' and have a 'loose' body position. This is said to prevent students from being too rigid. It can also create a situation where we fly at the mercy of the airflow and any bumps and movement around us.

Many people also feel it is a stigma to wear lead. But, unless we can fly relative to the group with range to fall

faster and slower whilst still in a 'box' position, we are essentially unstable and a liability to the integrity of the formation. Lead is often the only way to help lighter or less flexible people do this.

Big-way, and team, flying requires us to fly with a 'strong' body position. Where we can exit strongly onto the air and fly relative to others, fly 'down the tube' in a straight line, holding our position relative to others and a formation even if they move up, down or sideways, or even if we get bumped into.

Developing such an approach to flying requires both mental and physical training.

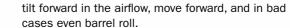
HOW TO DEVELOP A STRONG BODY POSITION AND FLYING STYLE

Mentally one needs to decide to be 'strong', to be in control and part of the solution, and switch onto this feeling as you stack up in the door. Being aware of what emotional state works best for you to be mentally strong and connected is important, there are many great articles on 'arousal levels' and performance on the Internet that you can read.

Physically one needs to put effort into creating a flying 'stance' that has power and stability. Everyone needs to learn how to do this; it is a developed skill. Initially it takes significant physical effort to focus on a continuous sense of power and strength, with extra effort to maintain it when you stop and hold your ground 'park' in a slot. Over time it becomes second nature.

Try the exercises below. They are designed to help you connect with your core strength and to feel the continuous effort required to maintain and control a stable platform of air around you that you can fly on with confidence.

- 1. Lie on the ground, adopt a neutral body position
 - Whilst maintaining your body position, put your right hand on your head then return to neutral.
 - Analyse what happened to your body position when you did this. Typically one's head and right shoulder dips forward. If this happened in freefall you would



- Now try the same exercise again, this time maintaining a square and equal presentation to the imaginary airflow. You may need to arch more, focus on holding your head up and on keeping your right shoulder level with your left.
- Remember never to twist your 'chassis' the four corners of your shoulders and your hips and to maintain an arch. This is your stable platform from which your 'power' comes from to manage the air around you in your movements and indeed in your stopping and 'parking'.
- From the neutral position now try several scenarios

 left hand on head, both hands on head, right and left arms behind your back, and one at a time then together. Reaching back with your right hand to touch your right foot and then with your left hand to your left foot. Reach one hand straight in front of you then try both hands.
- The effort you had to put in to maintain your stability is the effort needed every time you jump, when you exit and as you fly. That effort creates a powerbase from which you can control your movements and maintain your chosen position in the air.
- Now find a friend and try this in the air, if you set up in a 'no contact' side body picture you will quickly see when either of you moves from your position.
 Pay for an outside video if you really want to learn quickly.

- **2.** Lie on the ground or stand up adopting a neutral body position.
 - Have a friend lie or stand next to you in a side body position and have them put level pressure on you at various points of your body. Hip and shoulder on the same side at the same time is a good start.
 - If you are easily moved around, focus on your core strength and your arch and put effort into staying in one place. That level of effort to maintain a strong body position is what you need whenever you fly.
 - Try this in the air. You will need to counteract the pressure either with side sliding or turning etc. The focus that you put into doing this and how it feels to be 'switched on' is what you need to connect to at all times.
- **3.** Lie flat on the ground with your head on the floor then adopt the neutral position and raise your chin. This simple movement can often act as a trigger to empower your core strength and power base.
 - Try it in the air, as you arrive in your slot and stop, raise your chin, feel the increased sensation of 'parking' before you pick up the grip and hold it there until the key is given then repeat with each move.
 - Focusing on your arch is another trigger that might work for you.

Having the ability to fly with power to your body position, being strong and having control of the air makes you a far more valuable Big-way team member. It also reduces the likelihood of being picked on in a P3 debrief.







AN INFORMATIVE EMAIL FROM MELISSA TO
HER BIG-WAY GROUP AFTER COACHING THE
BIG-WAY CAMP DAY IN OCTOBER 2014:

Hi and thanks to everyone for a great day on Sunday.

I was grateful for the level of commitment and the constructive mindset that you all brought to the plan and the opportunity to perfect our individual and team performance. The results were visible in each jump culminating in our last one; it was smooth, disciplined, quiet and a joy to be part of.

The process that we followed is exactly the process that we will experience in our final camp in Perris. In the first camp there will be the opportunity to try out different slots and learn skills in multiple scenarios. Moving into the second camp, the organising team may start to allocate slots and focus on a particular formation more than once. All the time they are giving us the opportunity to hone our skills with a slot in mind for the Record jumps.

Doing different jumps and slots in our Bigway days gives everyone a chance to try new things but can mean that skills are not always perfected enough to gain confidence and prove ability. I think there is a place for both plans and would really value your feedback. Going forward, in the camps that I run, I can take your feedback into consideration to give you the best possible opportunity to be part of the team in May.

I would also like to propose some actions that we can all buy into to transform us into a team working together to achieve a shared outcome:

- Debriefing: Take personal accountability for doing your own job. If we all did this then I believe team perfection would be the outcome. An example of this behaviour would be in how we each articulate our performance in the debrief. Saying, 'I was not able to manage

myself well in a situation where I felt like I was being lifted from behind. I am going to do some more stability drills in the tunnel before the next camp to improve my ability to really park and be part of the solution' is a far more constructive and positive message than saying 'I was being lifted from behind and it was Bob's fault'. During the course of the debrief, Bob would say 'When I docked I realise that I created lift and made it hard for other people to manage, I am going to work on my approach and really strive to improve my performance, any advice would be welcome'. Any gaps in the discussion can be filled-in by the coach at the end of the debrief. It's a mindset shift. I am proposing that we all make it.

- Sharing: See where people would benefit from something that you have learnt and take a moment to share it with them (in a constructive way of course!), and on the flip side, be open to asking for help or receiving information from others. There are a number of you who have had tunnel coaching recently and now have little secrets in your toolkit that improve your performance. Please share these when you see someone who would benefit or even just talk through your experiences whilst you wait for the next load, something might trigger for someone.
- Skills development: Recognise where you could improve your personal skills and do something about it, in between the Big-way camps. Knowing that people are taking responsibility for their own skills and being the best they can be in the camps inspires team work. It is not a positive experience when someone reveals a learning opportunity in one camp then turns up with the same one at the next camp! Take personal responsibility. As we get closer to our goal, repeated performance weaknesses will result in people being asked to stand down from jumps and/or future events pending their investment in improving the personal skills that they bring to the team. There are plenty of ways to hone your skills; visualisation, tunnel time, in-air exercises with a buddy or on your own, watching video footage of Big-way skydives... talk to your coach or someone skilled whom you respect, and create a plan based on your budget and how you



learn. Specific areas that we can all focus on include: exit stack up, presentation, diving, fall rate management, approaching on level, docking without momentum, flying as part of the solution and not letting any momentum or issues flow through you to the formation, tracking, and canopy control.

The reality of it is that, whilst we are all having fun, we are on a serious mission. Desire and commitment will be visible to coaches and to team participants alike, where this exists (as it did on Sunday for us) it is easy to work together to do great things.





Doug Forth has been a highly successful and well known International Big-way coach and Load Organiser for many years now. Doug was part of the P3 organising team, who assisted the Aussies to get their current standing national record in 2010 of a 105, 109 and 112way. Doug will be with us again in 2015. He has freely provided this article to



the Australians to help us build skill leading up to our record event. Thank you Doug!

INDIVIDUAL TRACKING TECHNIQUE

By Doug Forth

As you know, all drive comes from the legs.

Most people think their legs are fully extended by feeling their hamstring muscles tighten. While it may feel like their legs are fully extended, most often they are not. Most of the time it ends up as an aggressive delta position. The proper muscles to feel are the quads. To practice this on the ground, have them lay face down on the floor, touch their toes to the ground and lock their knees. Trying to pick their knees and thighs up off the ground while keeping the toes on the ground. Don't worry about the upper body right now. You should really feel the front of their legs tighten. Feet should be about 0.25m apart so that space gets filled up by the booties. Too wide and lift is lost. Too narrow, same thing, as well as less lateral stability and directional control.

As they practice this in the air, sweep arms back to about 45 degrees. This will provide more lateral stability. As they get comfortable with the legs, now add cupping the shoulders with the arms wide. Think of squeezing a \$100 bill between your boobs. Arms should be just below the lateral line of your body. A common mistake is having the arms too far below the body. This will bleed off lift and forward speed. As will arms above the body. As directional control is maintained, arms can start to come closer to the body. Arms can bend now slightly to match the curve of the rig. Hands should be palms to the ground with a slight cup and fingers extended. This is a powerful flight surface as well as adding to directional control. There is more strength to push against the air in this position vs. palms up. Getting more advanced... in addition to cupping the shoulders, roll them up to your ears as you cup. Like shrugging. Now lower your head to look back between your feet once you are sure traffic is clear ahead and to the sides. Tighten stomach muscles up into spine. Think of making the line from the helmet to heels a nice smooth arch like the upper surface of a wing.



JOINED 50 JUMPERS AT U.S. COACH LARRY HENDERSON'S **BIG-WAY CAMP AT SYDNEY SKYDIVERS IN PREPARATION FOR** THE AUSTRALIAN RECORD EVENT IN MAY 2015.

Larry Henderson looks like a cross between The Simpson's Ned Flanders and Canadian astronaut Chris Hadfield. The moustachioed Texan is a Jesus-loving skydiver with the expertise needed to turn inexperienced jumpers into Bigway record setters.

World Meet competitors Tracey Basman, David Loncasty, and last year's Tim Bates Award winner Greg Jack. flew Henderson to Australia for two Big-way camps in Toogoolawah and Picton. The aim was to prepare Australian skydivers for the Big-way event in Perris Valley, California, in May, where we hope to smash the current 112-way Australian record set in 2010.

I will be there! In order to perform at my best and make Australian skydive history, I took part in the Picton camp – Sydney Skydivers being my home drop zone.

The weather was balls the first couple of days with high winds, rain and low cloud. The perfect opportunity for the group of 50 to talk about body position, how to approach the formation and prevent all the gloriously frightening things that can go wrong on formation jumps.

Larry began with a dirt diving session of 16-way jumps followed by a O'n'A.

With just under 6,000 jumps, and having taken part in the 400-way World Record in Udon, Thailand (2006), Larry had much to say. Horror stories of people taking their oxygen tubes out too soon and passing out in freefall gave me the heebiejeebies. The intricacy of feeding the oxygen tube into your helmet and how some jumpers thread it through their jumpsuit sleeve was all-new to me.

I really liked the 63 year old's breakdown of what you might think is blindingly obvious but often forgotten when taking part in formation loads. Like making sure you are on the right plane; ensuring you are confident about the exit order; who sits in front of you; who you dock on; who is in the base. The basics of stacking up in the plane – back straight and not hesitating at the door on exit.

On my first jump of the camp one person's rig snagged at the top of the Caravan door. People pushing from behind meant he was wedged and unable to move for a few valuable seconds, resulting in late divers being far too far

away to make it to the formation. Better visualisation, more stack up practice, and the guy who got himself stuck being more body aware could have easily prevented that.

During the weather holds, Scottish supernova Melissa Harvie was the go-to-girl for talks and impromptu

Having made Australia proud competing in the Women's Record for a largest Sequential (two point 117-way) in California last year, she was brimming with knowledge to impart. Fast and slow fall, the concept of flying with power through your centre point, and being able to park such that arms can extend and flex to pick up grips without bringing momentum into the formation were all addressed.

I particularly enjoyed Harvie's visualisation session. A concept of having a 'shopping list' of triggers as a guide in the execution of your job in a formation. Harvie had all of us lie on the floor in the packing room - story-time style - as she read a detailed visualisation of what she felt and saw on the Women's Record.

One bloke started snoring during the exercise. I should have poked him or something, but I didn't have a stick. Despite Sleepy's rumblings, Harvie's passion was palpable, and her cheeks pink after the descriptive retelling. "Funny to feel guite so positive about a situation of only 10 jumps", says Harvie about the Picton camp. "It just never felt as if there was a boring moment."

Our very own Australian version of Rambo, Greg Jack, was another experienced jumper whose contribution was invaluable. His presentation on 'two-out' and canopy collisions ignited a sick fear response in me. No one likes watching skydive fatality videos or thinking about the risks of something happening under canopy. But it's so very important, no matter how uncomfortable it makes you feel, to have a plan of action should you have a canopy collision. It could save your life.

Throughout the four-day camp, Greg Jack had energy to burn as he marched about all muscle and machismo high-fiving mates, meticulously watching the weather, and briefing his 'Beaver Fever' team for the 25-way formation

I was one of the lucky ones who got to jump from the Beaver trail plane with him. Before each jump, Greg would get our group together in a circle and on the count of three we'd shout 'BEAVER FEVER'! He boosted moral through humour and his unwavering love of the sport.

On my first formation load, as I climbed from the Beaver watching Larry Henderson's count from the Caravan in the distance. I felt an enormous sense of wellbeing. There is no better feeling than the exit, and the added spectacle of diving toward a flower-shape of falling bodies is breathtaking.

With about 350 jumps and over 20 hours of tunnel time mostly 4-way belly – my personal flying skills are pretty damn awesome. I have no issue being last diver and create no momentum or tension on the grip when docking. But I still managed to make mistakes that would likely have gotten me kicked-off the Big-way Record in May, had I made them then.

On one jump I couldn't work out where I was supposed to be during freefall, and couldn't find the person I was meant to dock on. Eventually I worked out where my radial was but cut someone off behind me, and executed a last minute side-slide into my slot when I finally clicked where to go. Mistakes I was glad to make and correct in Picton.

It was on the final day of the camp that I experienced my first successfully completed formation load. I actually felt like crying with joy when I landed, but didn't because I'm hard like that.

The funny thing is I was close to letting go of the grip and tracking from the formation a split second before the formation was complete.

My Dytter went off and I turned my head to the 4-way line I was docked on, and saw they were all looking intently at Larry Henderson's legs (in the Base). Only a few hours before, Henderson had talked about what you do if your Dytter goes off and your team leader doesn't kick to signal break-off. Turns out Henderson purposefully delayed the kick because he could see the formation was a second away from completion. The discipline it took for all 25 of us on that load, not to just autopilot track from the group was the secret to our success.

I am very grateful for all the knowledge I gained from the Picton camp, and the added bonus was making new friends, like Carlos David Gomez Hernan. The Nagambie jumper heading to Perris for the Record event; attended both Larry Henderson camps in Toogoolawah and Picton. "I enjoyed the one in Picton more because I knew how the camp works," says Carlos. "I could see improvement in my Big-way skills as well. And the better you perform in the group, the more you enjoy yourself."







It all started with wanting to do my Star Crest. Everyone was so helpful; we talked about stadiums, radials, flying your slot and many other things like canopy, wind, etc. There was so much to learn, my appreciation for Big-ways was much greater after this. So I asked Tracev to put me down for all the Big-way events, didn't matter if I had to work or had other plans now that Big-way was the plan. I'm looking forward to going to Perris with over a hundred other Aussies. I know we can make this happen! ""

Ozan Seckiner

44 I can say it's been a truly amazing journey so far. Thanks largely to huge support, experienced skydivers being incredibly generous with their time and coaching/mentoring me.

I have learnt so much. Still so much to learn. People have been very kind, and patient etc. **

Janelle Hinze

Late Diver on the then Australian POPS FS 32-way Record. Then in 2006, I was involved in organising and participating in the largest Australian POPS FS jump, a 47-way. Unfortunately, it was not a record due to one incorrect grip. But it looked good and held for eleven seconds!

Following trips to Perris in 2011 and 2012, I made sure I attended Picton's regular Star Crest and Big-way camp weekends, particularly since 2013. I have also had some iFLY Downunder tunnel time and I have had the privilege of being coached by and/or jumped with all of Picton drop zone's Big-way and FS jumpers over the years.

The Aussie Record at Perris in May 2015 is the incentive to get coached and get current at Picton, and I am more determined than I have ever been to continue to develop and improve on my skills, as well as physical and mental fitness, so that I am a solid and reliable part of the Aussie Team at Perris in May 2015. Bring it on!

Ian "Robbo" Robertson

I heard about Aussie Big-ways 2015 when I visited Picton for a fun jump on 29 September 2013. (Thanks to Phil Onis and Jon McWilliam who allowed me to jump at Sydney Skydivers and endorsed my military experience). Cindi introduced me to Tracey for more information. In order for me to get involved with this big family, I have to get my Australian Star Crest to prove that I can fly in a formation with more than eight people. I registered to join the first Star Crest event coached by Kate Vaughan, and from there I learned a lot. A very informative brief on every jump filled with skills, and it opened my perception to the new world of skydiving for me. Since I'm a military paratrooper, there is not much I can't do with a huge canopy, weapons and a 70lbs backpack.

Day by day, I followed all events organised by Sydney Skydivers; from a Freefly course (coached by Brian MF Dune) to a Canopy course (coached by Michael Vaughan) to name a few. I logged my jumps with constructive feedback, new knowledge, new skills and I can proudly say that, each jump I will get at least one new experience. I have to do all these things to make sure I fit with the others during the Big-ways camp.

This event will be my benchmark for the skydiving community in Malaysia in conjunction with my project, A Revolutionary of Parachuting in Malaysia. I got full support from my President of Malaysian Sport of Aviation Federation (MSAF), Tengku Abdillah Hasan.

My journey has just started towards becoming a good skydiver in the greatest team in the world, the Aussie Big-way Team. **

Amar Aziz

The Big-way camps have been fantastic. Increasingly they've become more focused and challenging each month. It's obvious each coach is building on the experience and ideas realised in earlier camps. Quite rightly, the expectation of our performance as individuals and as a team has also grown significantly. This has been very stimulating for me personally; both in terms of demonstrating the individual flying skills required and 'connecting' with the other participants and coaches. From a personality perspective, I'm not someone who's a natural team-player in an athletic context. My background as an individual ultra-endurance athlete has helped in providing the mental and philosophical foundation. But Big-way skydiving requires really mature team skills – and that's been a very different experience. I'm starting to relish what's happening in the camps. People are coming together with focus, discipline and commitment to the journey. There's mutual respect and humility when mistakes occur. And there's also a growing respect and understanding of what's required to get this record. It's palpable and tangible – and I get goose-bumps just thinking about Perris next May ***

Richard Mallet





"NO SHIT, HERE I AM!

**As I sit back in the office and think about my four-day camp with Larry "the drought breaker" Henderson as a coach, doing 25-way formation loads, I find myself asking "how the hell did I get here?" This is my second camp using the P3 method with Larry's sage guidance and it is only about twelve months ago I thought I could not possibly have achieved what I have. Don't get me wrong, I am not a great skydiver. Compared to some of the people that are helping me to look adequate I am on the back half of the bell curve but I am still way better than a year ago. Then it hits me – I am not so much thinking about my journey but how great it feels to be included in our journey to the next record attempt.

So how did it happen? In short because of amazing help and support from so many awesome people. I responded to an email about Star Crest weekends. Being 'built for Base' I figured how much trouble could I cause as a target? Up until then I had seen the indefatigable Tracey but did not know her – I am so glad I was included. At some point the everpositive Greg Jack asked if I wanted to register interest in the record attempt. "No way mate – not good enough...". Greg, fortunately, can be persuasive – "There's time", he said. "I'll think about it..."

I am not sure how I decided to try to up-skill to see what was possible. I started being a regular on the Star Crest weekends. Such an amazing opportunity for development; so many great coaches offering their time: Melissa, AB, Adrian Lloyd, Dave Loncasty, Stretch and Michael Vaughan. Great video, debriefs, tips of all sorts. Not just how to fly but how to behave in debriefs, what is expected in camps, how to manage optimal arousal, so many other things...

At some point Melissa told me about the tunnel being nearly ready and suggested it would help. It is a great learning tool and with amazing and generous coaching from Melissa, LG (and others) I have learned some new skills – importantly learning I don't have to be completely at the mercy of being a fat bastard. The tunnel shows all blemishes – which is good for learning but can be a bit disheartening until you get used to it. (Yep, I know, harden up princess.) I certainly recommend it as a way to learn faster.

By the time the Big-way weekends started happening I was addicted and signed up for all of them – except that wedding anniversary weekend. That would have been a bad call. By this stage I started to understand just how much effort goes into all this organisation and planning. Did I mention Tracey's tireless efforts?

When the Camp at Ramblers was announced I knew I wanted to try to be involved. Yes, I cheated. I sent the email early and timed the replication to send exactly at 5:00pm when the applications opened! I really wanted to see what

could happen. I was delighted to be accepted. The event exceeded my expectations (even with the rain). At the end I had to ask Larry the blunt question about the record attempt in 2015. "Do I have any chance?" It would not be fair to my family to spend the time and money on a trip to the U.S. if I had no chance. Larry was realistic but very encouraging. Yes, more work to do but if I do the work and keep jumping it could happen. That was far more than I had hoped.

More tunnel... More Big-way weekends... My family sick of hearing about it – but still supportive...

In what seems like a blink of an eye, twelve months have passed and I have been doing that second camp with Larry, the amazing coaches and camera, awesome support from Sydney Skydivers, great people to jump with and learn from. Did I mention the incredible, tireless Tracey? My tickets are booked for May. The reservations are confirmed for the Red Lion, my application is pending and my fingers are crossed.

I may still get to the U.S. and get knee capped for the record event. At this point I will be happy enough to be part of the contingent and just be there. The most important thing I have learned in the last twelve months is that I had no chance at all without the support from so many people who took the time to support me – so it is more about being included in the team than my personal journey. So thank you to all. I would encourage anyone to take the opportunities from these coaches and events. I would have crawled on my belly over broken glass to get these sorts of opportunities when I was looking to build my skills in my early days.

Peter McKenzie





WE HAVE MORE BIG-WAY CAMPS SCHEDULED LEADING UP TO MAY 2015. IF YOU WOULD LIKE A SLOT ON ANY OF THESE DAYS, SEND AN EMAIL TO TRACEY BASMAN · BIGWAYS@MTBSOLUTIONS.COM.AU.

DATES	COACH	DROP ZONE		
February 28th – Saturday	Melissa Harvie	Picton Drop Zone		
March 1st – Sunday	Mark "Stretch" Szulmayer	Picton Drop Zone		
March 13th – Friday	David Loncasty / Mark (Stretch) Szulmayer / Tracey Basman	Goulburn Drop Zone		
Mar 14th Saturday	David Loncasty / Mark (Stretch) Szulmayer / Tracey Basman	Goulburn Drop Zone		
Mar 15th Sunday	David Loncasty / Mark (Stretch) Szulmayer / Tracey Basman	Goulburn Drop Zone		
March 28th – Saturday	Melissa Harvie	Picton Drop Zone		
March 29th – Sunday	Andrew Barker	Picton Drop Zone		
Apr 11th Saturday	ТВС	Elderslie Drop Zone		
Apr 12th Sunday	TBC	Elderslie Drop Zone		
April 25th – Saturday	Melissa Harvie	Picton Drop Zone		
April 26th – Sunday	Tracey Basman	Picton Drop Zone		

FOR MORE INFORMATION ABOUT OUR AUSTRALIAN RECORD ATTEMPT EVENT, VISIT HTTP://AUSSIEBIGWAYS.COM

THE PERRIS VALLEY, CALIFORNIA CAMP AND RECORDS' EVENT DATES IN 2015:

EVENTS	DATES			
Camp One	May 20, 21, 22 (Wed - Fri)			
Camp Two	May 24, 25, and 26 (Sun - Tues)			
Aussie Large Formation Record Event	May 28-31 (Thurs - Sun)			

If you would like to be a part of this amazing Aussie opportunity, email your expression of interest to the Event Organiser, Greg Jack: gregorykjack@gmail.com.

A huge THANK YOU to the APF and the N.S.W. Parachute Council for supporting these events; and to Jonny Mac, Kobi and Phil Onis of Sydney Skydivers, who have been very enthusiastic in assisting us through this journey.







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Greg Gasson www.skydivingstunts.com

During the winter USPA BOD meeting in early 2012, the Board voted to open the Upright formation State and National Record categories at the request of a small group of freeflyers. Within a few months, State Records had been set in Texas, South Carolina and Maine. By August, the first National Upright Record attempts were underway in Crosskeys, NJ. The jumpers at the National Record built a 20-way formation, which, due to a judging criterion that is no longer in use, was ruled invalid for the National Record. So the jumpers completed a 16-way on the last jump of the event and set the first U.S. National Upright formation record. Upright formation records were growing, but no World Record category existed yet. Our U.S. IPC delegates would change that.

Bones

In January 2013, at the 64th IPC plenary meeting in Bosnia, the judges' committee voted unanimously for the inclusion of Head Up formation World Records in the sporting code. At Carolinafest 2013, Freefly organisers agreed that plans would begin to host the biggest Sit-fly formation in the world, at Skydive Arizona during Autumn of 2014. This would allow time beforehand to hold camps and tryouts across the country.

After a few camps, tryouts and State Records, the stage was set and an unbelievable 63 talented flyers had registered, including Australian Sean Haysom. Behind closed doors, the organisers began sweating a bit. Sixty-three was a big number for such a new challenge in our sport. There were those who felt achieving a Sit-fly formation of half that size would be a difficult feat. Between conservative and generous estimates, the average feeling among the organisers was that an achievable formation would probably be in the mid-30s. "It's not fair to tell nearly 30 talented flyers who have travelled so far and paid the hefty fee that they won't be slotted," some argued, "it would drain morale throughout the event".

In order to find a balance between keeping talented flyers included and trying to stay realistic with the size of the formation, the organisers slotted a 44-way formation the

night before the big day. Surely, some reasoned, once we began attempting a formation so big, the jumpers would see for themselves that a 44-way was simply too big and not feasible. We'd then all agree to whittle the formation size down to something more manageable.

Thursday morning, November 20th, the event organisers exited the conference room to a crowd of excited freeflyers and begin slotting the 44-way. There was a quiet, ubiquitous, chatter of disbelief, surprise and yet optimism. No one in the freeflying world has ever seen a Sit-fly formation of even half this size. To make matters even stranger, the Discovery Channel seemingly appeared out of nowhere with a camera crew complete with a boom operator swinging a big fuzzy microphone around. They filmed the nervous faces and recorded the instructions being handed out by the organisers.

At 16,500ft the green light turned on, oxygen tubes were tossed to the side and the thumbs-up was sent from one aircraft to the other as skydivers got in position. Within seconds of exit, disaster struck. A 6-way Sit-fly Base launched from the Skyvan and two of freeflying's best moved to break in to form an 8-way Base, but some miscalculation caused the Base to blow up. Nearly forty Sit-flyers were staring at a giant mess for the entirety of the skydive as the Base struggled to rebuild. The Base then met for an emergency meeting after landing.

Luckily the event organisers were able to use their telepathy to channel the leadership of skydiving legend Dan Brodsky-Chenfeld, and soon the spirits began to soar as the influential words that were channelled began to circulate within the synergy. With the magic that had just happened in the dirt dive, the team built 38 out of 44 in the formation. It became instantly clear that 44 was not just a realistic formation size, but it wouldn't even be long before it was completed. Within the next three jumps of the day, the team built 42 out of the 44-way. The morning had started with uncertainty and cautious optimism, but the team ended the day with palpable excitement for the trophy so clearly in sight.



On the second jump of day two, with news of cloudy weather on the way, the green light turned on at 16,500ft again as oxygen tubes were tossed aside and inter-plane ready-gestures were passed. Skydivers exploded from both planes, balancing the adrenaline-fueled raceagainst-the-clock with the internal monologue of discipline and technique. Amongst the controlled chaos of waves in the formation, struggles with fall rate and the pressure to perform comes the silence. There is a

moment on these formations when everything seems to go quiet, calm and still, where everyone can feel the completion. We flew that 44-person Sit-fly formation for four and a half seconds. It felt like an eternity.

As the judges made their review, freeflyers packed their parachutes with reserved smiles as they looked approvingly at each other. Everybody knew history had just been made. The organisers called the team to the video review, ready to share more news that nobody expected. Cheer! "Of course, we pulled off the record... and now with three airplanes, it's time to shoot for a 53-way!" A 44-way was just too easy for this collection of rock stars. After a struggle with the weather for the rest of the day and only one attempt at the 53-way, the jumpers dispersed, ready for the beautiful Saturday forecast.

After some reshuffling and re-slotting to resolve some minor issues, the team met up Saturday morning to claim what was theirs and 52 sit-flyers took to the sky. As attempt number three was building there came a momentary calm simultaneously with an ejection. Debate filled the packing room as to whether or not it was a complete build. As the organisers submitted the jump to the sceptical judges, the team grabbed their gear and immediately took to the sky again, wasting no time in case the judges ruled no record.

This time it was clear. The team of sit-flyers landed certain that the deafening calm felt in the sky sealed the approval of the 52-way. As the team gathered around the big screen, Judge Tim Wagner

announced that not only was the new Head Up World Record certified unanimously amongst the judges, but the team of 52 had done it twice back to back. Not only had the first 52-person Sit-fly formation in the world been built, it had been built twice in a row



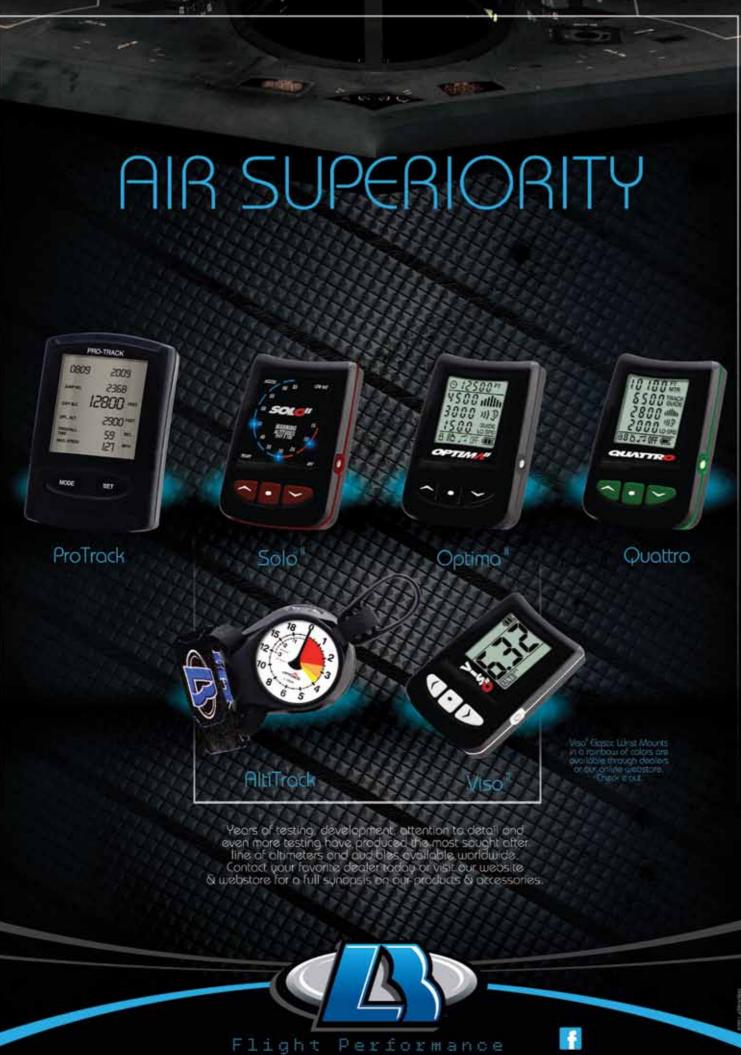


ALTHOUGH IT MAY BE ENTIRELY PLAUSIBLE TO ACCREDIT THIS ACHIEVEMENT SOLELY TO THE SKILL OF THESE MASTER-LEVEL SITFLYERS, IT MAY NOT HAVE BEEN POSSIBLE WITHOUT THE INSPIRATIONAL WORDS SPOKEN TO THE TEAM ON THE MORNING THAT THIS HISTORY WAS MADE:

I was thinking about you guys last night. What an amazing sport we have. It's fantastic to see how all the disciplines are advancing. The World Record for each discipline is the pinnacle, the example that makes a statement of that advancement. I want to congratulate all of you for setting the record yesterday, it's a fantastic accomplishment and I wish I had been there to see it for myself and cheer you on. So much goes into making a record happen. The training that individuals need to do to get their skills up to the necessary level. The commitment and organisation it takes to put together a group capable of doing the record, to all be in the same place at the same time, at a drop zone with good weather and the equipment necessary is enormous. A lot of people have done a World Record. Very few have done two, at the same event; mostly because few groups have ever had the opportunity to. You have that

opportunity, and you owe it to the sport and to yourselves to go for it because you can. Doing one record is cool. Doing two at one event is f^* king unbelievable. Skydivers around the world are cheering for you and waiting by their computers to see the record. Go get it! Dan Brodsky-Chenfeld







WINGSUIT WORLD FIRST 25TH JANUARY, 2015

Photos by Paul Tozer

World Record setting Wingsuit Pilots, Dr. Glenn Singleman and his wife Heather Swan, together with wingsuit pilot Roger Hugelshofer and wingsuit camera-flyer Paul Tozer, made the first wingsuit crossing of Brisbane city.

The high performance wingsuit team jumped from a Cessna Caravan flown by John McEvoy of Skydive Ramblers just before 6am on the 25th of January, at an altitude of 14,000 feet over Newstead (at co-ordinates Latitude 27°26'30.68"S and Longitude 153°03'0.78"E). They flew in formation across Brisbane to their landing site at Raymond Park (Lat 27°28'50.38"S, Long 153°02'18.48"E).

The flight took approximately six minutes from exit to landing and covered three nautical miles across the Storey Bridge, over the CBD, beside South Bank and the Gabba before opening their canopies over Raymond Park. The flight is a world first.

Dr. Glenn Singleman and Heather Swan previously flew across Sydney Harbour (2011), Mt Connor in the Australian outback (2008) and from Mt Meru in the Indian Himalaya (6,672m) – a world record. In April 2015 again with Paul Tozer, they will attempt to be the first wingsuit pilots to

fly across the Grand Canyon in the USA.



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PAUL MURPHY

Congratulations to Paul Murphy on joining an elite group of By Kelly Brennan Aussie skydivers who've logged ten thousand jumps.

The achievement is all the more remarkable because Murf doesn't own his own drop zone or plane, and he's always juggled full-time work around his skydiving roles.

Paul was a motorbike-riding mechanic when he rockedup to Pakenham for his first jump in May 1986, just a few weeks after his 21st birthday. There was nothing remarkable about him at all to his instructor, Alan Bennett. "He just sat there shitting himself like all the other first

It was two and a half years before AFF training began at Pakenham, so Murf's first jump was by Static Line. His first freefall despatcher was Nigel Brennan, who couldn't recall anything remarkable at all about the young student. However, Dick Ryland remembered telling him off one day, about three quarters of the way through his A licence. "People told me there were two students up there trying to do CRW under their T-10 round chutes," laughed Dick. "I went out, looked up and couldn't believe what I was seeing."

Murf must have started behaving better, because Chief Instructor, Colin Holt, eventually took him under his wing and encouraged him to become an Instructor and Tandem Master.

TANDEM MASTER

Paul Murphy has carried some of Australia's most famous people on Tandem skydives, including some personal heroes in motor racing, legend Peter Brock and AFL elder statesman, Ron Barassi.

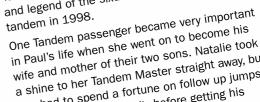
There were also some lesser known passengers who impressed him and inspired him along the way, especially some of the older ones like an 88 year-old gentleman who kept coming back for more jumps.

In the early nineties, Paul did about 60 Tandems with wheelchair dependant people. Realising that little research had been shared among skydivers, this became the topic for his Instructor A thesis. He sought medical expertise and approached international skydiving

organisations for information to combine with his own experience and research. He produced a document that is still helping Tandem Masters twenty years later as they introduce paraplegics and quadriplegics to skydiving.

He took a teenage Theresa Malin for her first Tandem in 1995 and Tee went on to become a Tandem Master. Murf carried injured former CI and legend of the sixties, Bill Kenny, on his last

wife and mother of their two sons. Natalie took a shine to her Tandem Master straight away, but she had to spend a fortune on follow up jumps for herself and her family before getting his attention!



PAUL MURPHY

MASTER INSTRUCTOR

Paul Murphy is one of only fourteen Master Instructors in Australia. It's a rating that recognises a Chief Instructor's range of experience as well as their administrative contributions.

Murf has been Chief Instructor for drop zones at Corowa, Lilydale, Coldstream and St Kilda. Nowadays, he's the Chief Instructor at Skydive The Beach and Beyond – Barwon Heads. He really enjoys taking new skydivers for their AFF and B-Rel jumps, and helping them to overcome difficulties

An obvious example of Paul's effort - above with their progress. the call of duty - was in 1993. Murf was one of the instructors as the Footscray Bulldogs footy team did water jumps just off Williamstown with Commando Skydivers. Paul had persuaded the club to allow one more participant in the big day. Naomi Ryan was a young paraplegic woman, who'd done ten Tandem jumps and was keen to leap out on her own. These Static Line water jumps were the opportunity she needed, and Paul put the work

special to be able to share her excitement and sheer joy at being able to jump by herself," said Paul. "It was also a great sense of achievement."





ASO/CIP

Paul has served Vic-Tas Council for several years in many roles, including the demanding positions of Area Safety Officer and Chair of the Instructor Panel.

As Tandem Examiner, he once had a nasty back injury while on the front of a trainee Tandem Master. "It was an untidy landing that put me out of action for work and skydiving for quite a while," said

As ASO, he was involved in investigating several fatalities and other serious incidents. Plus there were many perfect jumping days lost to disciplinary issues and drop zone audits. The role is about compliance as well as safety, and some skydivers just don't like that C word.







LICENCED DISPLAY ORGANISER

Paul is familiar with the roar of an MCG crowd, with several jumps into the famous stadium. He's done Display jumps at many of the nation's major sporting events and travelled to air shows around the country, doing demo jumps with

While Paul has notched up an incredible list of Display jumps, there've also been a few that other skydivers wouldn't envy at all. Such as a 1,500ft exit for a Flag jump at the Albert Park F1 Grand Prix. It was supposed to be much higher, but the cloud kept them right down at the minimum exit height for a Display A jumper. With the ground so close, it's only natural for the canopy to snivel as well. Murf's heart rate soared during every agonisingly slow second before the canopy finally opened. Then, as he unfurled the sponsor's giant flag, the wind came up to 20 knots. As it turned out, the crowd wasn't even looking. They were all preoccupied trying to find shelter from the drizzling rain.

There was a Stadium jump where banks of pyrotechnics were set up like an obstacle course all over the ground. Somebody wanted the fireworks to start in full darkness for a

better effect. The skydivers were coming in to land when the lights were switched off.

There was a Flag jump into the MCG that Murf and Richard McCooey had really looked forward to. "It was the Olympic Ring flag," he said. "But the winds were at 30 to 40 knots and we calculated the spot as six kilometres away before reluctantly pulling the pin."

Then there was the one where Paul's flag malfunctioned in front of the TV cameras on AFL Grand Final day at the MCG. "The paint was still wet when we packed the flag," he explained. As the sticky clump of fabric stubbornly refused to open, Paul decided not to risk the lead weight coming down on the crowd. "I was near the members stand and there were lots of lawyers in there," he said, explaining why he elected to land outside the stadium. He ended up in a very tight patch of ground, right beside all the TV

Paul's disappointed that others won't get to have the same adventures – or misadventures - at the MCG. The stadium now has wires across the top to deter birds, so it's off limits to jumpers.



Paul has other adrenalinfuelled passions in his life away from the drop zone, including yacht racing and hitting the Phillip Island

He's also managed to fit in work, family and track on his motorbike. building a home extension.

More family patience might be needed, as he pursues new jumping goals ahead. He's preparing for the Aussie Big-way record in California next year. And he's keen to keep fostering safety and development in our sport



FUN AND FIRSTS

During Murf's ten thousand jumps, there have been some amazing laughs, personal highlights and many slabs of beer purchased.

There've been some unusual jumps too. At Pakenham in 1994, Paul jumped from a Navajo at 27,400 feet. During his reign as CI at Lilydale, Paul was one of 22 skydivers who leapt from a hot air balloon at the same time to set a new Aussie record.





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INTRODUCING AUSTRALIA'S NEW TOP POP: **GARY ZUIDERWYK**

TOP POP AUSTRALIA #4

I started skydiving in late 1991 in Wellington, N.S.W., doing Static Line out of a Cessna 172 using a T10. I am sure lots of you would remember these parachutes. One good thing they taught you was how to do a good PLF. Since then I have had the opportunity to partake in some great formations at different drop zones and some Display jumps into some interesting places including some of the gaols in N.S.W. Lucky for me they let me out again.

I have many great times skydiving and have met and made many friends. I have had the opportunity to skydive in several different countries as I have travelled, including attending the last two POPS meets in Holland and Argentina.

Robbo has been working on someone taking over as Top POP for a couple of years now. I was fortunate to be asked, or should I say dumb enough to agree to take over from Robbo. Robbo has fulfilled the role for the last ten years and has moved the Aussie POPS forward. I would like to thank Robbo for the good work he (and Deb) has

undertaken as Aussie Top POP. My aim is to continue to promote the Aussie POPS through an increase in membership and organise some POPS meets to continue the tradition of meeting new people, making new friends and catching up with old ones.

The next World POPS meet is in Eisenach in Germany. This will also be the 50th Anniversary of POPS and no doubt will be a fantastic event. The drop zone has large grassy landing areas and undercover packing areas. Start saving now and I look forward to seeing vou there. ""

ALWAYS HAVING THE LAST SAY ... FINAL REPORT FROM TOP POP #3: IAN ROBERTSON

TOP POP AUSTRALIA 2005-2014 WORLD TOP POP 2006-2008

In handing over to Gary, I would like to thank him for stepping up, and say a few words about POPS Australia. When I became Top POP Australia #3 in 2005, I set out to do a few things:

- · Raise the profile of mature age jumping in this country, align it with the mainstream of the sport and be more acceptable and accessible to the wider skydiving community.
- · Have events that highlighted the aims of POPS Oz as I saw them i.e. to provide an experience that promoted learning, enhancing skills, competition, records, safety, inclusion and fun.
- Arrange POPS Australia events in as many States as practicable and if not an actual PA event, encourage participation of POPS Australia members at other organised events.
- Work towards conducting a World POPS Meet and Championships in Australia.





I am pleased to say I believe each of these things were to some extent achieved, some examples include:

- The 8th World POPS Meet and Championships in Toogoolawah in 2008.
- The 47-way largest POPS Australia FS at Equinox in 2006.
- The 1st Trans-Tasman Challenge at Mattamatta in New Zealand in 2007.
- The largest ever Aussie contingent to attend a World POPS Meet in Italy in 2010.
- The introduction of coaching, video and judging to APF standards at POPS Australia meets.
- The introduction of more disciplines at POPS Australia events including Wingsuiting, Sport Accuracy and 8-way Speed Stars.
- The biennial trek to Rel Week at Batchelor, N.T. by many POPS Australia members from various parts of Oz, including the setting of a new POPS Australia SOS FS record in 2013.

A new POPS Australia FS record at Perris, California in 2012.

We are not far off issuing POPS Australia Membership # 800, up from #430 in 2005.

I have been fortunate to receive the support and advice of many fellow skydivers. I can't name everyone here however I do need to acknowledge, in particular, Alan White and Nellie Johnston, Al McVinish, Susie and Dave McEvoy and Ramblers drop zone, Neil Fergie, Terry King and the Darwin Parachute Club, Tony Maurer and Coastal Skydivers, Ross Stockings for the use of his farm at Gilgandra for the 2006 event there, the APF and State Councils, Mark "Stretch" Szulmayer, and the late Fiona McEachern who always supported the mature skydivers in our community and me in my endeavours to bring POPS into the mainstream. Of course, I could not have done this without the support and involvement of my wife and partner, Debbie Sommers.

I would have liked to do more however one cannot do everything and, along with my other sporting and cultural interests, I will continue to pursue my Big-way journey, instructing; and helping people in the sport, whatever their age, realise their skydiving dreams.



ARGENTINA 2014

By Gary Zuiderwyk



San Juan, Argentina, for the World POPS meet for 2014 – what an adventure!

Australia was represented by Elvon King, Dave Betts, John Paul Jones, Mal Ferrier and myself. We were also well supported and cheered on by Dave's wife, Janette.

We learnt very quickly that Argentineans do things in their own time and nothing is rushed. Each day we were provided with ample opportunity to catch up with old friends and acquaintances, and make new ones.

Before the competition started we travelled to the drop zone to check it out and the nice grassy area for landing. We knew the grass had to be around somewhere. We found some beautiful grass for packing, standing around and



















sleeping on; however for landing, somewhere out in the middle, there appeared evidence of a small but sparse patch of grass not much bigger than the Accuracy landing pad.

We were provided with a Cessna Caravan and a Military Twin Otter for the meet; with a number of small Cessna's for the Accuracy competitions.

We soon got into the routine of wake up, have breakfast, go to the drop zone and wait, have a couple of jumps, have an afternoon siesta and then jump some more. Then it was time to wash the dust away with a few quiet ones cervezas before heading back to the hotel to clean up and go out for dinner.

Each day the temperature was well over 35 degrees providing for some interesting landings. With the drop zone at around 2,000ft, along with the low-density air, conditions approached the equivalent of landing at an elevation of 5,000ft.

Participating in a Vaughany canopy handling course a couple of weeks before we left paid dividends. We all came away unscathed, albeit well dusted from a few stumbles.

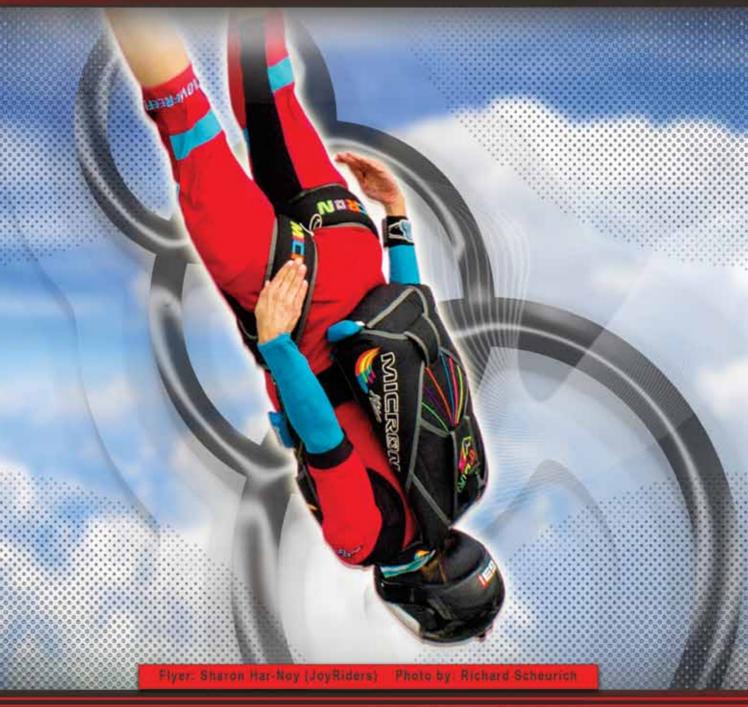
Congratulations to Dave Betts who won a gold medal in the 6-way Speed Star and Mal Ferrier who won silver medals in the 4-way Scrambles and 6-way Speed Star.

The next World POPS meet will be in August 2016 in Eisenach, Germany. They assure us there will be plenty of soft grassy landing areas.









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THE WIAS PROGRAM IS STILL FRESH IN AUSTRALIA AND SO FAR DOING FANTASTIC! WE HAVE SOME AMAZING WOMEN – MENTORS – ON BOARD WITH US; AND HAVE RECEIVED QUITE A BIT OF INTEREST FROM POTENTIAL AND NEW SKYDIVERS LOOKING FOR THE PERFECT MATCH TO HELP THEM THROUGH THIS INSPIRING AND EXCITING JOURNEY; THE ART OF FLYING.

Our previous article was also published on the "Women's Adventure Magazine" website in the U.S.A. and shared on various Aussie websites, which is a great start.



We are eager and look forward to sharing and expanding our knowledge, craziness and love of skydiving.

The APF is still recruiting mentors and mentees, so if you're interested and want to be part of this terrific experience, join the crew, contact the

National Development Office at development@ apf.com.au and for more info visit our website.

The following feedback has been received from Mentor Kelly Brennan and Mentee Sarah Hogan:

When I first got the Mentor pack, I must confess that I wanted to run. It was dauntingly formal, and the concept of a log book for meetings was a major negative. Plus, what's with the word 'mentee'? It sounds like a lolly.

The word wasn't in my concise Macquarie dictionary, so I turned to Professor Google. I now know that 'Mentor' came from ancient Greece and 'mentee'

came out of the late sixties. (It was probably devised by a nerdy public servant in a H.R. department.)

Anyway, I had committed to the program, so I read the material and set aside my scepticism. I thought the guide pack was really useful, especially where it clearly listed the differences between being a mentor, a coach or an instructor. This type of guidance would be really beneficial to many senior people in our sport, who find themselves in positions to help both men and women. It shouldn't just be secret women's business!

The next step was meeting my mentee. I so lucked in with the perfect person for this exercise! Sarah Hogan was a positive little bundle of enthusiasm, ready to embrace everything that jumping offers. She was smart, driven and doing well with her skydiving. Like me, she grimaced at the log book, but we both decided to play the game 'by the rules' and we got cracking with some achievable, realistic goals for that first month. I felt that she was already on track with courses scheduled for many of the things she wanted to address, like better canopy flying and improving some freefall skills. She later said that writing down a 'to do' list helped her define and tick-off other important skill development areas. I didn't tell her what to do, but I knew which way to direct her for things that she was interested in learning.

At our second meeting, we ticked-off the goals and she got a near 100% score for her efforts over the first month! We then set some new, achievable goals for the second month. Some of them were jumping goals and some were 'homework' tasks to fill knowledge gaps. It was lucky for me that this lady loved to learn!

Sarah doesn't really know where she wants to be in three to five years. It will be entirely up to her to decide what she loves most and how she goes about it. I am here to offer options rather than advice. All I have to do is point her to the right document, the right person or the right course for what she is interested in doing.

My early verdict? Well, if the world is full of go-getters like Sarah, this program will be a hit. But then again, she was always going to do well, with or without me. She has an open mind and a desire to learn, so it was easy enough for me to channel her efforts into solid steps forward. I do think it's worth sticking with the program for a while, to see how it pans out. But my gut feel is that we shouldn't limit it to women. Blokes need a gentle nudge in the right direction too. Mentoring is a pretty special experience. But can we lighten up on the paperwork?

Kelly Brennan



I had a great first meeting with my mentor. She was lovely, listened and very helpful. We have already discussed arrangements for our second meeting.

I think the program is great. It gave me the opportunity to talk to a more experienced woman in the industry about my skydiving. It allowed me a solid period of time, without any distractions, to sit and talk about my concerns and ask questions. At the Drop Zone it gets hard to have these discussions as there is a lot occurring, people are jumping out of planes and packing at different times, and there are many people that have different opinions.

It also made me think about things I haven't turned my mind to in much detail:

- Things I think I am good at;
- Things I need to improve on;
- The issues I have;
- The areas of skydiving I would like more knowledge on; and
- My future in the sport.

Since my first meeting, I have already addressed and answered some of the issues and questions I had, as I was clear in what I wanted to know and understand. I spoke with my CI about certain questions regarding landings and participated in a canopy course at my Drop Zone, and I asked a rigger at my Drop Zone about my gear and to show me how to do monthly gear checks (this was also discussed at my canopy course).

I am happy to assist in any way to promote or share my story about this program. I think it is a great program!

Sarah Hogan





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http://downunder.iflyworld.com/eventscalendar

Sunday Sessions from 6pm – on selected Sundays

Come on down to iFLY for a bit of a "sesh" and hang out. Each session we will dial it up differently to bring the party - whether it's free food, DJ or general craziness.

A fun fuelled night for skydivers as FLYERS of all levels are randomly

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NEW TUNNEL FLYER:

HOW TO MANAGE YOUR EXPECTATIONS

Jonathan Townsager, IBA Instructor Level 4, Trainer Level 2, APF C Certificate

You pull off the M4 onto Mulgoa. Your heart's beating. You pass the Red Rooster and you know you're almost there. keep going! You are surprised how excited you are. It's like the first time you drove to the droppy. It's better than a first date. What are you so freaked out about? It's just a 16-foot wind tunnel, the largest in the world.

It's your first time to the windy room and your expectations are all over the place. You've heard all sorts of things on the packing mat and seen crazy viral tunnel videos. Some people have said it's amazing and others have said it's a waste of time. You wonder, "Am I going to suck, or be amazing?" You imagine the worst, then you imagine the best and a smile comes to your face. Images of triple backflip twists and double in-face breakers dance before your eyes. Then you imagine the worst again. A mess of flailing arms and legs clouds your vision and the anxiety returns.

Not to worry! There's no need for the crazy ups and downs of your troubled mind! There're other ways to approacxh

the situation, but one thing's for sure, it's important to manage your expectations.

If at all possible, it's best to come in with a blank slate and an open mind. If you can, empty your memory of all the things others have said about it (easier said than done. I know).

Suppose Joe Angle has said to you, "Oh you'll only be able to get A. B and C done in such 'n' such amount of time," or suppose Jon McFreefly coach has said, "How many hours? You'll be teaching ME after that!" Try to un-hear these

things! They will probably mislead you. If you walk through the doors of the facility with just a bit of humility and a willingness to listen, you will get more out of the experience than you would otherwise, I promise.

For a first time flyer (an average non-skydiver), the tunnel experience is marketed as a fast paced sport and a thrill seeker's paradise. For the most part, this is true for them. Especially people who have never been skydiving, or, heaven forbid, never stuck their heads out of a moving car on the motorway. However, as a skydiver coming in for the first time, it's important to remember one major difference between skydiving and tunnel flying. Time. Finally, the luxury that the sky does not afford, lies before you in the vertical wind tunnel. It's a common pitfall really, as seen from a tunnel instructor's view. Skydivers, rushing, in a hurry, in their minds. To go where? Who knows. SLOW DOWN. Slow down your thought. You finally have a chance to feel - to not have to worry about deployment altitude and saving your life by landing a parachute. You can freely concentrate on your body. There's no need to rush. After all, that's what the tunnel is good for. Inhale... exhale.

This brings me to relaxing. You've probably seen the Shaka before, that thumb and pinky being wiggled annoyingly in your face by a smiling instructor, telling you to relax.

Well, get ready to see it again, but know that this time.

you actually can relax and not worry about the ground rush.

DOWNUNDER

Your previous skydiving experience can also affect your first trip to the windy tube. If you've got only a handful of jumps, you may be better off than if you have a couple hundred under your laterals (I said 'may'). Why is this? A combination of bad habits and muscle memory. You may have heard of this phenomenon before. Sometimes, when learning to skydive, some shortcuts are taken to achieve stability in freefall. Again, this is mostly due to the time factor. This means bad habits can be formed and just about cemented into the sense memory of the body. As long as you can deploy a parachute safely from a belly-to-earth orientation, voila, let's move on to the next thing! Unfortunately, some new tunnel flyers learn that they will have to un-learn some bad habits in order to properly learn how to Bodyfly. Again, it isn't everyone, just a fairly common theme. This is why it's

> most important to try to clear your slate and have heaps of humility.

Let's be clear, I am talking about bodyflight specifically. You may very well be a perfectly safe, and adequately competent skydiver, but the tunnel will teach you specifics about flying your body that skydiving never can. Tunnel flying is not skydiving. No, it is bodyflight, but all the skills you learn in the tunnel can be transferred to the sky and your skydiving status will quickly jump from novice to shredder.

Another common pitfall lies only in your personal mindset.

Comparisons. It's an easy one to fall into, and in some respect, we all do it. If you can be really conscious about it, try not to compare yourself with others. We are all individuals – individuals at different places in our lives – and we all learn at different rates. It's a dangerous notion to set yourself up against someone else; it might lead to extreme disappointment. I won't say always, though. It is possible to have a healthy competition with a friend in the sport. If that's a way for you to stay motivated and you don't go down the spiral, then great! Just stay positive.

Other people aren't the only things we put ourselves up against. We sometimes compare what we want to accomplish with the amount of time we have – or, even worse, with the amount of money we have to spend. Again, these can be healthy options if they positively motivate you. However, I feel it's best to enter the tunnel with an eagerness for learning and a penchant for having a great time. If you can laugh at yourself and have fun, you'll make speedy progress for sure.

For me, at the end, it's about learning. I'm having the most fun in the tunnel when I'm pushing to learn new stuff, not when I'm flying lines I already know how to do. So whether you're a newbie or an experienced skydiver, stay focused on learning and come fly!



Finelline

LKXA EXTREME BARCELONA INTERNATIONAL ACTION SPORTS CUP

By Anne Maxwell Photos by Vania Da Rui

MASON CORBY AND BROTHERS JOE AND KEITH GREALY TOOK GOLD FOR AUSTRALIA IN THE FIRST DYNAMIC TUNNEL COMPETITION HELD AT WINDOOR IN EMPURIABRAVA, LKXA EXTREME BARCELONA, SPAIN. AS PART OF SOUTHERNFLY BOTTROP THEY COMPETED WITH AMERICAN TEAMMATE ANTONIO ARIAS, WHO ONLY RECENTLY JOINED THE TEAM, IN 4-WAY DYNAMIC. THE PREVIOUSLY ALL-AUSTRALIAN TEAM HAVE BEEN IMPROVING THEIR PERFORMANCES WITH EVERY COMPETITION. TOGETHER WITH THEIR NEW TEAMMATE, THEIR SPEED ROUNDS WERE FAST, THOUGH THEIR STANDOUT PERFORMANCE WAS THEIR FREE ROUTINE. IT WAS TECHNICALLY DIFFICULT, VERY WELL EXECUTED AND THE HUGE AUDIENCE LOVED IT.

Action Sports Cup

LKXA Extreme Barcelona Action Sports Cup, the Spanish equivalent of the X Games, has the same events participating, including In-line, BMX and many other street-style disciplines. Although not part of the main show in Barcelona, it was an opportunity to showcase the sport to a large extreme sports audience. Dynamic flying is an incredibly beautiful and exciting sport, but technically difficult to translate to spectators. The challenge was to present the information and competition quickly and effectively so the audience could understand and be part of the event whilst it was in full flow. The second challenge was to do that in three languages - Catalan, Spanish and English!

TV and Publicity

The repercussions and feedback from this event could have a profound impact on wind tunnels around the world. The finals were shown live before an audience of 40.000 extreme sports fans inside the Extreme Barcelona Arena. The finals were broadcast live via satellite and picked up a television viewing audience of nearly one million people. Windoor made a 26 minute edit of the event, which included a full explanation of scoring and judging, and was shown on TV3, a Catalan television station. The syndicate rights to this program will now be distributed throughout Europe, Asia and America through EdgeSport and TransWorld Sport, which could take the numbers up to a potential audience of 500 million. Sirius Fly, a 4-way Dynamic team also gained media coverage in their native country, Finland. It is a huge opportunity to bring the sport more commercial appeal, and for current teams to increase their chances of seeking sponsorship from

mainstream companies. Josh DÁnnunzio from Paraclete XP told us that, in his opinion, "Dynamic is the portal to get indoor skydiving into the sports world".

2WD - 2-Way Dynamic

The competition was run over two days. The first day each team completed three Speed and one Free round. The final placings determined which teams would meet in the all-Free routine quarter-finals the following day. Realfly Sion finished the day on top of the table, followed closely by Paraclete XP, and the local team from Windoor. The quarter-final's Free routines were amazing crowd pleasers and showed the extreme difficulty and beauty of the event. The semi-finals and finals were both Speed rounds. The competition for both semis and finals were incredibly close with positions being determined by .2 of a second. Reafly Sion took the gold just ahead of the incredibly talented duo, Josh DÁnnunzio and Zach Mullins from Paraclete XP. Ninie Bouette and Gregor Van Den Eynden from Sonic/

Babylon just edged out the Windoor team to finish in 3rd place. The scoring was easy to understand and the audience could clearly see which teams were fastest; the atmosphere was electric. During the rounds Mikey Carpenter and Paloma Granero commentated in English and Spanish respectively for the







local crowd and international television. Skydive Mag were onsite to provide regular updates every fifteen minutes and a live feed operating throughout the competition from both the Windoor and Skydive Mag sites. To view visit: www.skydivemag.com/stream/windoor-extreme-barcelona'.

4WD - 4-Way Dynamic

There were four teams entered into the 4WD competition, which started the second day of the competition. Each team performed two Speed and one Free routine to determine the finals and runners- up for the live finals. The Aussie team, Southernfly Bottrop, were by far the team with the most training time



and their experience was particularly easy to see in their stunning Free routine. Their path to the final was pretty clear- cut. The surprise team of the event was Funfly XP, a scratch team made up of the two Paraclete XP members as well as local flyers David Petracco (Windoor 2WD) and Raph Coudray (VFS Team 4 Speed). Raph and his partner Cathy Bouette, had to withdraw from the 2WD competition only days before the event when Cathy suffered an injury. The two teams performed fast routines, both picking up two busts for a breath-hold finish to the 4WD competition with Southernfly Bottrop ultimate victors by tenths of a second. The talented SiriusFly from Finland (Inka Tiitto, Markku Tolvi, Pekka Lavila and Kimmo Vaahteranoksa) wowed the crowd with a fabulous Free routine and battled neck-and-neck with local team Babylon (Ninie Bouette, Gregor Van Den Eynden, Luis Lopez-Mendez and Aussie David Nimmo), just edging out Babylon for bronze. The audience loved the 4-Way Dynamic event. It was obvious that they had never seen anything like it and they roared their approval as the teams exited the chamber. As in the 2WD, the large timer and clear busts meant that everyone was fully involved as the clock ticked off the seconds and the close competition leant a lot of drama for competitors and spectators alike.

Judging

The technical aspect of the competition, including the creation of new moves, was done by Adam Mattacola. He has a lot of experience as a Dynamic flyer and has been chief judge at the recent 4-way Dynamic competitions in Voss, Prague, Bottrop and Belgium (www.dynamic-flying.com). For the Speed rounds he was assisted by Filip Crnjakovic and Martin Ramseyer from Voss Ventus, winners at Bottrop. Due to the subjectivity involved in judging Free routines, Stephan Fardel from Babylon and Fede Rawa, silver medal winner with Windoor in Prague joined the panel.

Full results, team profiles and links to footage from the competition can be found on the Windoor facebook site: https://www.facebook.com/windoorrealfly?fref=ts.





ASM 62 63





The following are taken verbatim **from a selection of incidents** occurring generally from late 2014, as reported to the APF and are published in the interest of safety education. (**Note:** In general, no Tandem or Student incidents are included.) While every effort is made to ensure accuracy, neither the APF nor ASM make any representations about their accuracy, as information is based on incident reports as received. **Note:** Any 'Actions' stated are taken verbatim direct from the Incident Reports as received.

Please use these reports to think about what actions you might take to reduce your chances of having the same type of incident and/or how you might handle a similar situation. Discuss your options with the Chief Instructor/DZSO/qualified personnel at your drop zone.

AIRCRAFT/EXIT

Certificate C, 136 jumps. 2-way Head-up linked exit. About 10ft after exit, a part of the Bridle can be seen on video followed a few seconds later by the closing pin, bag and PC. PC can be seen going around the lines/bag. Main still opens but PC is entangled with it causing a rotating malfunction. EP started at 9,000ft. All normal. Landed on drop zone. Action: Equipment was suitable for Freefly. It looks like the Bridle might be snagged during climb-out. Will take more care climbing out in the future.

FREEFAL

Certificate D, 400 jumps. Angle skydive. 4-way FF Jump with outside camera. The group broke a vertical descent into a carve. The carve then moved into an Angle. During the carve the jumper got a large amount of separation from the group. The Angle then became more Vertical. During the Vertical phase of the jump, the jumper attempted to re-enter the group at a very fast closing rate.

She then collided with another jumper - her foot connected with his helmet. Both jumpers then tracked off and deployed their Main parachutes, landing on the drop zone with no further problems. Jumper was attended to quickly as she had obviously hurt her left foot as a result of the collision.

The combination of both a vertical and movement dive was beyond the level of experience for this jumper. The others on the dive were extremely experienced freeflyers.

Jumper 2 (Certificate E, ~2,000 jumps) sustained a headache. He refused medical treatment at the drop zone but went to an ER and was cleared of any injuries.

Action: CI comment. This is a new dynamic and dangerous new discipline with little checks in place to ensure jumpers safe progression towards the high-speed environment of Angle descents. This particular incident could have easily resulted in a double fatality. After reviewing the footage of the impact I am thankful that both jumpers are still alive. This is not an isolated incident nationally and I feel that further education is required to minimise the risk of these types of collisions occurring.

Furthermore, from conversation with other highly experienced Freefly/Angle tutors who expressed their deep concern for this type of incident, called for the adoption of a Tracking policy to be implemented in order for the jumpers to gain experience in high speed movement prior to attempting Angle dives.

Freefly Tutors, Freefly jumpers and Load Organisers need to be more aware of their own and other

people's abilities and both should not be afraid to say they are not capable if a planned jump is beyond their capabilities.

Additionally it was felt that a "movement" component could be added to the Head-up and Head-down components of the Freefly Crest. With the Crest being a prerequisite to becoming a FF tutor this would raise the awareness and progression required before allowing jumpers to move onto "moving" dives.

DEPLOYMENTS/MALFUNCTIONS

Certificate D, 240 jumps. Exit was a 2-way Sit Train. During exit one of the jumper's feet ripped out a Cutaway Handle but none of the jumpers realised this. Normal break-off altitude and deployed Main at 3,500ft. Risers released and RSL deployed Reserve. Good landing on drop zone. Action: Take more care on exit. Don't lock jumper's leg under arms in a Head-up jump.

Certificate C, 268 jumps. After track-off from an uneventful 16-way RW jump, jumper reached for hacky but grabbed his excess leg strap that had come free of the pouch. Jumper stated he was too worried about losing height so he made a decision to go straight to his Reserve instead of wasting time on another attempt. Action: Discussed importance of gear checks and thorough gear-up procedure to avoid the situation in future.

Certificate E, 808 jumps. Normal freefall, on deployment, threw pilot chute at 4,000ft, no canopy inflation, checked over right shoulder and could see pilot chute bridle at full stretch and could see closing pin. Jumper carried out emergency procedures. Reserve ride uneventful, landed safely on the drop zone, gear was recovered with no damage to property or person.

On examination of the recovered equipment it was discovered that the Main parachute remained in the bag with one rubber band stowed, pilot chute bridle had half hitched around the mesh of the bottom of the pilot chute, which resulted in insufficient drag to deploy the Main parachute.

UNDER CANOPY/LANDING

Certificate B, 54 jumps. Canopy - Sabre 190.

Jumper's friends were making Tandem jumps onto beach location. Jumper not qualified for beach drop zone so made a solo jump into student drop zone. Nothing significant until landing. As she commenced her flare, the wind dropped, the canopy surged forward, but she did not completely finish her flare. She hit shins, then onto stomach. Sustained two cracked vertebrae. Released from hospital the next day. **Action:** Stress the importance of finishing flare and parachute landing roll.

Certificate D, 420 jumps. Canopy - Safire 129.

Jumper's approach to landing was consistent with the landing direction pattern set in the Western landing area for the day. Turn onto final as evident from another skydiver's camera shows turn to be low and close to trees, pool and hanger. Her parachute clipped one of the trees, which partially collapsed her parachute sending her off course landing heavily on a rocky embankment next to pool shed. Sustained fractured left patella. Skinned right knee. Sprained right ankle. CI later discussed with Jumper six days after incident. It was confirmed a harness





turn was used to turn onto finals, a technique she had used 100 times before. Video shows turn to be a slow right turn from about 100 feet, northern side of landing area with very little room for outs. **Action:** Drop zone brief clearly asked participants to land well clear of hanger/pool. Before next load additional witches hats were added to landing area marking out required separation from hazard.

J1 - Certificate B, 143 jumps and J2 - Certificate D (unknown jump number). Incident occurred on the last jump of the day and was a Hop 'n' Pop. There were four participants in the jump. Incident was observed by an IB (writer of this report). Incident involved two canopies coming into close proximity at approx. 100 feet from the target. J1 was eighteen year-old male, endeavouring to improve accuracy and land precisely on designated target. J2 was a 53 year-old male endeavouring to do routine landing near target.

Three participants including the writer engaged in the normal approach to target, approaching and turning to the right.

J1 approached the target turning from the left bringing both canopies into close proximity.

J2, a more experienced jumper took evasive action to avoid canopy collision and both participants landed safely. Writer's observation was that the J1 was target fixated, determined to reach the target, and lost sight of other jumpers in his vicinity. Both jumpers landed without incident, collision avoided, no injury.

Action: J1 was counselled in relation to the dangers of target fixation. Further counselled in relation to how dangerous the situation was and how close canopies came to collision. He was also questioned and counselled in relation to what action to take in the event of a collision. Most importantly, was also counselled in relation to the necessity for maintaining consistent flight path and approach with all other jumpers in accordance with what is the standard approach pattern for this drop zone.

The writer's view was that the incident was due to target fixation and J1 was sufficiently frightened by the episode to prevent reoccurrence and learnt from the experience. As the incident was serious, action has been taken to suspend all jumping activities for two weeks.



Stuck Slider

Reprinted from Parachutist Jan 2015 Photo by David Gerstein

After Main canopy deployment, this jumper found her slider stuck approximately halfway down her suspension lines. As she pumped the brakes of her canopy to work the slider down the lines, she passed her decision

altitude for a cutaway and had no option other than to land the canopy. For landing, she pulled down the opposite toggle to keep the wing level. The landing was rough, but she was uninjured.

A tension knot likely caused the stuck slider and distorted canopy shape. However, it was difficult for the jumper to see the distortion since the slider blocked the view. When a canopy inflates unusually, the jumper should look carefully to assess the situation while still high enough to take action and initiate emergency procedures.

From Across the Ditch

Posted on www.dropzone.com

Twelve Skydivers and Pilot Survive Plane Crash

A group of Tandem skydivers, as well as a pilot managed to come out alive after a near disaster over Lake Taupo in

New Zealand early in January. Media sources reported that a group of six Tandem instructors along with six clients were looking to perform jumps at Skydive Taupo, when the aircraft that they were traveling in began to experience problems, forcing them to evacuate. All thirteen individuals, who included the pilot, had to leave the aircraft mid-flight while the recognisably pink PAC750 aircraft crashed into Lake Taupo.

The plane was reportedly flying at just over 4,000ft at the time of the incident, which is said to have been engine troubles. While 4,000ft is well below the general altitude for a Tandem skydive, it was enough altitude to ensure that all the passengers, including the pilot landed safely and that everyone escaped serious injury. A loud noise was heard coming from the engine just seconds after it was evacuated by the pilot, the plane then crashed in the lake

below – managing to miss boats and individuals swimming in the lake.

Skydive Taupo is a Tandem focused drop zone which opened in 2003 and offers customer's Tandem jumps at 12,000ft or 15,000ft. The pilot who ordered the evacuation of the plane prior to the incident had only recently started working with the company, but is an experienced pilot.

The NZ Transport Accident Investigation Commission (TAIC) is conducting investigations.

What will you do in an Aircraft Emergency?

Not every plane ride makes it to full altitude. What will you do if the engine quits at 4,000ft, 1,000ft? How about 500ft? Establishing a game plan now with your pilot and fellow jumpers may determine the outcome of an airplane emergency.

The planning you do for an aircraft emergency might mean the difference between coming through it unscathed and being seriously injured or killed. With no plan, you also risk making the situation worse for the pilot and other jumpers by reacting inappropriately. Just as with skydiving emergencies, there are many different scenarios when it comes to aircraft emergencies, and each requires everyone involved to act correctly.

In an emergency, each jumper needs to sit still, be quiet and take direction from the pilot. If the airplane is at minimum air speed and someone unexpectedly moves toward the rear of the plane and throws open the door, the additional drag caused by the open door combined with the weight shifting toward the tail could cause the plane to stall. Operating any airplane, no matter what the model, within its correct weight-and-balance limits is a critical component of safety, especially if the airplane loses an engine. You can help the airplane remain within its centre of gravity (balance) by remaining in place during an emergency. In the case of larger jump planes, if enough jumpers move toward the door at the same time and shift too much weight toward the rear, the pilot may not be able to maintain control. A single file exit will have the least effect on the centre of gravity of the aircraft. So it is important that each jumper remain calm and exit one at a time in an orderly fashion.

Once the pilot does give the OK to exit during an emergency, your altitude above the ground will dictate whether you use your Main or Reserve parachute. You should already know what that altitude will be, and stick with that plan. A good way to keep these altitudes fresh is to think of them on every plane ride. Ask yourself what you would do if the engine quit as you pass through 1,000ft, 2,000ft, etc.

Each drop zone establishes exit altitude guidelines for emergencies, so check with your Cl or DZSO if you are not clear on the specific procedures at your drop zone.

Standing in the door of a crippled aircraft is no time to start pondering what-if scenarios. If you are an instructor, you need to consider your student — his experience level and whether he's a Tandem or AFF student — and have a plan of action ready. Or if you live in a hilly area and are exiting over terrain that's higher than your drop zone, you may not have the altitude your altimeter says you do. Take a quick peek before you exit; if the plane is over rough and tree-covered terrain, you may want to wait a little bit (if circumstances permit) until you're over a safer area.

Aircraft emergencies can be scary experiences. But preparing for them will help you react quickly and correctly. Make sure you review your aircraft emergency procedures frequently so when the time comes, you'll be ready.

Aircraft emergency procedures should be reviewed and each jumper should know the proper action for each aircraft emergency scenario.

- a. This will help avoid confusion during an actual aircraft emergency.
- Skydivers should be aware of their altitude during every plane ride to height, and keep in mind what they would do in the event of an emergency situation at any given moment.

Aircraft Emergencies

- Don't panic
- Follow the pilot's instructions
- · Don headgear
- · Don't move around unless pilot instructs you to do so
- · If landing, ensure restraints are securely fastened
- Assume crash position
- · Once landed, move away from aircraft if able

Jump Pilots – are you wearing an emergency parachute and do you know how to use it?

"IT'S A FUGAZI" - A warning from Alti-2

The following message from Alti-2's General Manager John Hawkes was posted on their Facebook page on the 27th January, plus provided to all Alti-2 dealers.

If you have seen "Donnie Brasco," you know what I mean. For those of you unfamiliar with the term, "fugazi" it is slang for "fake."

The backstory:

We recently received an MA2-30 through the RMA process for repair. Upon examination, we determined that the device is NOT a real Alti-2 MA2-30 altimeter. It is a non-functional "dummy" made by another manufacturer with no connection to Alti-2.

Just the facts:

This "dummy" MA2-30 is manufactured by Element Service Company in Hong Kong as an accessory for Airsoft game play. They manufacture numerous other "dummy" devices as well. This item is NOT an Alti-2 product, contains no approved Alti-2 components, nor does it contain a pressure sensing mechanism. This facsimile unit will not sense barometric pressure.

Device description: (see pictures below)

• Front:

 Facsimile dial face (12,000ft (black or white), and metric (white). Font is different than the real Alti-2 device. Dial face is marked with a facsimile logo that reads "Alti-2 Altimeters MA2-30." Real Alti-2 device reads "Alti-2 Incorporated MA2-30."

- Case is secured with allen screws. Real Alti-2 device is secured with phillips head screws.
- Light ring and lens are one piece and clear. Real Alti-2 device uses two separate components and the light ring is red.

• Back:

- Case is embossed with "Element Enjoy the Game" at the top.
- Bottom is embossed with "AL IIMASTER II." Real Alti-2 device is only marked "Altimaster II" at the bottom.

Battery box:

- Marked with a silver "Property of" sticker with the number 00137. Real Alti-2 device has the Alti-2 product label with serial number, part number, and NSN.





This notice serves to broadcast warning information to all Alti-2 dealers and customers, hopefully preventing any jumper from actually using this non-functional "dummy" on a live parachute jump.

Stored Rig

Reprinted from Parachutist Dec 2014 Photos by Simon Palacio

After four years of storage in a climate-controlled environment, this parachute system needed some maintenance before it was airworthy. The brass grommets

on the main deployment bag reacted with the stow bands and broke down the rubber, making it hard and brittle. The stow bands broke apart and some of them adhered to the grommets, as pictured. Manufacturers now make most, if not all, Main deployment bags with nickel or stainless-steel grommets to prevent this type of interaction with rubber stow bands.

Additionally, the zero-porosity coating used on the parachute nylon caused the canopy cells to stick together

tightly even after the canopy was removed from the

deployment bag. The cells had to be pulled apart from each other and the canopy repacked. If you plan to jump a parachute system that has been in storage for any extended period of time, a thorough inspection and repack of both the Main and Reserve parachute systems, as well as inspection of the Harness and Container system, will help to make sure everything is airworthy and ready to jump. Jumpers who plan to store their gear for three months or more should remove all stow

bands, unpack the parachutes and keep the gear away from sunlight in a climate-controlled environment.



By Richard McCooey, APF Safety & Training Manager Photo by Wade Edwards & Craig Trimble

With the popularity of AFF and Tandem many jumpers

think Static-Line training is old hat. Well even Static-Line

is advancing...

Canada and some other countries have replaced Static-Line student despatching with Instructor Assisted Deployment (IAD). This is where an instructor holds the student's pilot chute as the student exits, which then deploys the main parachute. This eliminates any chance of a static-line hook up, gives a very positive opening and allows the same equipment to be used for both first jump and more advanced students.

During the last APF Technical Conference, it was suggested the APF consider trialling this IAD method. During November 2014, the APF funded Aidan Walters to travel from Calgary, Canada and run a three-day course at Ramblers Drop Zone, Toogoolawah. Aidan has 20,000 logged jumps and has trained 7,000 IAD students. Seven APF Static-Line instructors participated in the course on the basis that they will be involved in the trial in Australia:

- Dave McEvoy, Chief Instructor, Ramblers, Sth QLD
- Steve Geens "Belgy", Chief Instructor, Skydive Ramblers Rainbow Beach
- Wade Edwards, Ramblers, Sth QLD
- Peter Knights, Chief Instructor, Commando Skydivers, VIC
- Craig Trimble, Commandos, VIC
- Ralph Hamilton-Presgrave, Chief Instructor Australian Skydive, VIC
- Paul Turner, AIE SQPC & Chief Instructor Brisbane Beach Skydiving Sth QLD.

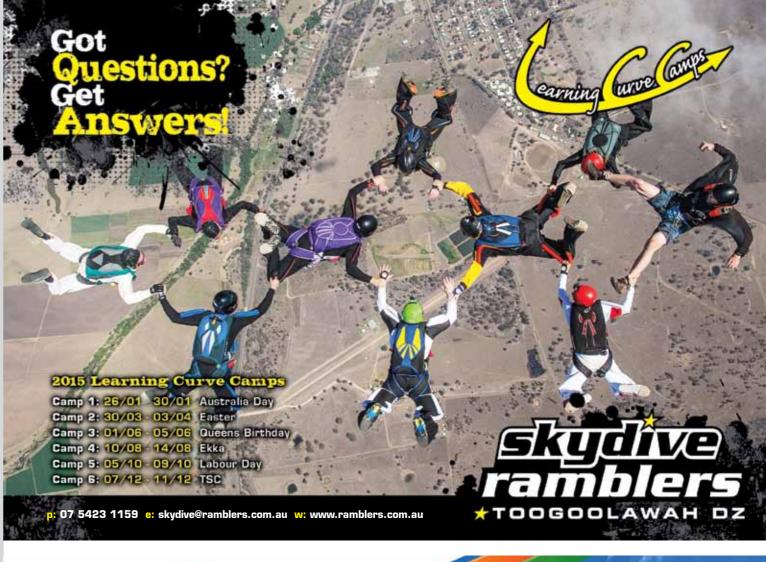
All participants started by asking how hard can this be? After the first day of theory and a practice despatch each, they found the technique, particularly from a front door (182) aircraft, requires considerable technique and skill.

Ramblers and Commando's are now trialling IAD under a special supplement added to their Training Operations Manual (TOM) until the 2015 Technical Conference. At the conference the two organisations will present the statistics and results from the trial so a decision can be made on IAD being approved for use Australia-wide.

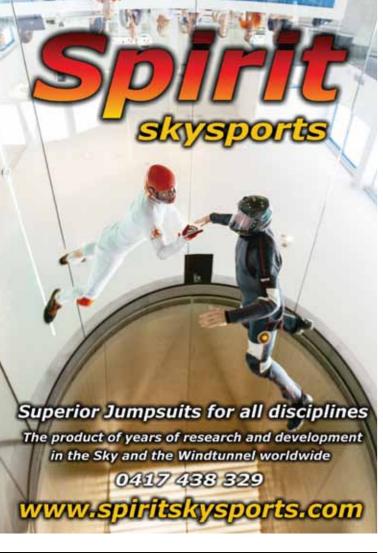
It is interesting to note, that within eighteen months of the approval of IAD in Canada, virtually all operators decided to change to IAD.

Later consideration will be given to whether a new IAD instructor endorsement will be required to differentiate IAD from traditional static-line endorsed instructors. The only remaining hurdle to overcome may be debating who will be given IAD endorsement #1?











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By Erica Tadokoro

IF YOU'VE EVER BEEN TO VOSS YOU WOULD KNOW IT IS A PLACE OF PRISTINE BEAUTY AND NATURAL **WONDER. NOT NECESSARILY A PLACE YOU WOULD EXPECT TO MEET YOUR MAKER.**

You would also know that Voss is renowned as the adventure capital of Norway, which is why I found myself sitting on a plane ready to take part in Voss' infamous secret location, Innhops.

We had a look at a rough sketch showing the valley that was our landing area, surrounded on three sides by 3,000ft mountains... Oh, and by the way, watch out for that river running through it. They also told us that the landing area was 750ft higher than the drop zone we were leaving from; so naturally we all had to adjust our AADs. I wasn't sure how to change my Vigil,

so a friend changed

it for me. I saw the display show 750, so all was good... Or, so I thought. It was all good until I was coming out of my 270-degree turn at about 100ft and my Vigil fired. That's when it all turned pear shaped.

four seconds before impact with two canopies out. It all happened so fast, I didn't even realise I had two out. All I knew was that my canopy wasn't performing like it normally does and then I was on the ground wondering what the hell had happened.

I still didn't know until I got home to Oz and gave my rig to Brett at Downward Trend to have a look at. He figured out that my Vigil was set on Student mode instead of Pro mode, which had caused it to fire at 45mph instead of 79mph.

The speed of my 270-degree turn had caused my Vigil to send my Reserve out behind my Main. Thankfully it didn't fire earlier and leave me with the possibility of a down-plane.

I came out of my encounter physically unscathed, but mentally... Well, let's just say I'm now an expert in altering the settings in my Vigil! And the moral of this story is... Know your gear!











HARNESS HANG SYNDROME

By Nigel Ackroyd

Vascular Surgeon and APF Member

A SUBJECT HANGING
IMMOBILE, VERTICALLY IN
A HARNESS WILL BECOME
UNCONSCIOUS AND
SUBSEQUENTLY DIF.

This may seem an alarming statement so if you aren't convinced read the following quoted directly from the Journal of Emergency Medical Services (JEMS).

"Research on suspension trauma was triggered by several events in which a number of survivors later died of suspension trauma syndrome. In the early 1970s, researchers investigated the deaths of eight climbers who had not been seriously injured in a fall but were suspended for hours. Eight of ten climbers had managed to survive hanging free, some for half an hour and others up to eight hours. They were rescued alive and survived for as short as 30 minutes and up to eleven days later; however all eight eventually died as a result of having been suspended." (www.jems.com)

Fortunately the time scale of the average skydive is short enough for this not to be a common occurrence however, in view of the potential seriousness of the problem it is reasonable to be aware of it in skydiving and in other gravity sports such as climbing and caving. Likewise hang-ups on buildings and trees are not unknown in BASE jumping. Also those who have had a rapid spinning malfunction under canopy will know the sort of G-forces generated. Hard openings also have a tendency to daze the skydiver and one such local case was recently reported which resulted in unconsciousness.

In 1978, Maurice Amphoux showed in four subjects that hanging motionless in a harness would lead to unconsciousness. Loss of consciousness may come on after only a few minutes but virtually all subjects will be unconscious by 30 minutes. Many similar experiments have been repeated and all with the same results. Note that we are talking about being *immobile* in a hanging harness. Why then is this the case? Let's have a look at some normal physiology to answer this question.

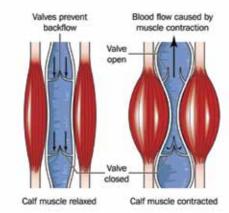
When we walk, the blood that circulates into the legs by the arteries is returned to the heart via the leg veins. These

veins have one way valves within them which direct blood into the deep veins of the calf. Here the muscular action of walking squeezes the deep veins and moves the blood back to the heart. This is the physiological principle known as the Calf Muscle Pump. Indeed this pump is so efficient if one measures the foot venous pressure during walking it can fall to zero.

When standing still or hanging motionless in a harness this calf muscle pump does not work and there is a net pooling of blood in the calves. Leg veins are capable of a several fold increase in their diameter and may contain a large percentage of the circulating blood volume. This reduces the amount of blood returning to the heart and thus reduces the cardiac output. Ultimately this results in an under perfusion of the brain with loss of consciousness. Collapse to the horizontal position follows with subsequent recovery after a minute or so. A person hanging unconscious in a harness however cannot fall to the horizontal so the under perfusion of the brain persists as does the low blood pressure and eventually the perfusion of the heart is also effected resulting in cardiac arrest. Cleary then an unconscious person hanging in a harness is an EMERGENCY.

The most common scenario in our sport of parachuting is in Tandem skydives where the client is hanging essentially motionless beneath the instructor after the canopy is deployed. It must be said however that according to the APF figures since 1994 of over 1.5 million Tandems – only 29 clients have been noted to lose consciousness and





apparently only nineteen of these could have been ascribed to Harness Hang Syndrome (HHS). Anecdotally however I'm sure no one would pretend that the actual figure is not substantially higher.

For a typical Tandem client the jump is one of terror and exhilaration in equal measure. We know that fainting can occur from stimuli such as fear or noxious smells, or even the stress of ones own wedding! This is the vasovagal syncope where there is dilatation of the blood vessels in the periphery and subsequent fall in blood pressure. The warning symptoms of fainting are a feeling of light-headedness, sweating and nausea or maybe the client will just go quiet. These are also the precursor symptoms of HHS. This is not a coincidence as the mechanisms are the same in that there is vasodilatation of the blood vessels in the periphery with the subsequent drop in venous return and a drop in cardiac output leading to a drop in blood pressure. So the anxiety that the client will often feel will predispose them somewhat to a HHS.

If the client is told to move their legs at the advent of these symptoms then the light-headedness and fainting may be reversed. The leg movements should consist of forceful ankle flexion and extension together with flexion and extension of the hips and knees. This is the so called pedaling an imaginary bicycle manoeuver. If the client is unconscious the salient manoeuver is to get the person horizontal as quickly as possible and in a Tandem skydive this simply means landing and allowing the client to lie horizontal on the ground. One would expect complete recovery in under a minute.

A little too much is made of the possibility that leg straps may compress the femoral vein or artery. I have not come across any evidence that this is the case. It is noteworthy that HHS can occur in the absence of a harness. In one study, about 50 percent of Subjects placed on a tilt table and sitting on a bicycle seat experienced HHS after 30 minutes. Other harnesses such as climbing and chest harnesses can also be associated with HHS. This has lead to the modern trend to call it Suspension Trauma as it is vertical immobility that is the necessary condition causing loss of consciousness.

Suspended in a harness, leg straps are often uncomfortable and this is particularly so if the back of the strap is compressing a (sciatic) nerve which can lead to numbness. In the conscious person this results in fidgeting to get comfortable and in some way offsets the onset of HHS.

Most Tandem jumpers are young and fit and unlikely to be adversely affected by a short period of hanging unconsciousness. However those with pre-existing heart disease may give pause for thought although there is no experimental data to support this.

The corollary is that, thankfully, children seem immune to HHS; possibly due to relatively shorter legs and therefore a lower hydrostatic pressure, and also a more responsive cardiovascular system.

In the situation of a hang-up in a tree or such like, the ability to get the person horizontal will of course depend

on the circumstances. If however it is possible to move the person to the horizontal prior to the arrival of facilities to lower off, then this would be very helpful and may even allow the return of consciousness and subsequent ability to cooperate in their own rescue. If the subject is still conscious then get them to elevate or move their legs if possible.

In the situation of *prolonged* HHS, lactic acid and anaerobic toxins build up in the legs during suspension trauma; but in the context of a Tandem skydive it can essentially be ignored – the longer the suspension however, the larger the toxin load. Major acid/base derangements take place and eventually myoglobin from damaged or dead muscle is released which is very toxic to the kidneys in particular. A prolonged HHS therefore has some similarities to the Crush Syndrome where muscles and tissues are directly injured by trauma. The whole question of death after release from prolonged suspension and the Reperfusion Syndrome has been looked at in detail – everything from potassium levels to fluid shifts and acid base balance, and no consistent feature has been established. The subject should be got down and horizontal as quickly as possible. The old practice of gradual return to the horizontal is not appropriate today. While the HHS we would see in our sport is only of short duration, it is advisable to get the person horizontal and allow the cardiac output to be restored by the return of trapped blood from the lower limbs.

So while HHS is not common in skydiving it is not unknown and as many of us are of an adventurous bent and indulge in other activities such as canyoning, caving and climbing, a familiarity with this condition may one day be useful. It is also an explanation in physiological terms for those clients who have vomiting, nausea, sweating attacks and other unpleasant symptoms, which are all a *forme fruste* of HHS. I hope the above also provides some remedies, which may go some way to reversing these disagreeable symptoms and allow clients to better enjoy what should be a great experience.

I am grateful to Kim Hardwick and Dr Glenn Singleman for their help in preparing this article.

Suggested further reading:

Dangerous Suspension: Understanding suspension syndrome & prehospital treatment for those at risk. Journal of Emergency Medical Services. William Raynovich.

Source URL: http://www.jems.com/article/patient-care/dangerous-suspension-understan

Risks and Management of Prolonged Suspension in an Alpine Harness. Roger B Mortimer. Wilderness & Environmental Medicine Vol 22 Issue 1 p77-86 March 2011.

Source URL: http://dx.doi.org/10.1016/j.wem.2010.10.008

Harness Hang Syndrome: Fact or Fiction. Joe Ivy.

Source URL:http://www.adventure.org.au/content/ harness-hang-syndrome-fact-or-fiction

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2014 COMBINED QUEENSLAND STATE CHAMPIONSHIP

TOOGOOLAWAH, 21-23 NOVEMBER

By Leanne Critchley Photos by Ben Nordkamp, Joel Carpenter, Justin Frame, Michael Vaughan, Paul Tozer, Shane Pieschel, Luke Oliver, Bec Henderson & Leanne Critchley

Q: The 3rd Combined Queensland Skydiving Championships in a nutshell?
A: NQPC and SQPC, hot weather, great competition and lots of fun.

Competition has been in a state of change in Australia recently: new rules, new dive pools, emerging disciplines, new training techniques, some science to competition development and a wind tunnel. Aspects of all of these elements were an obvious thread through the 2014 Queensland State Champs.

Planning began much earlier in the year. 4W4E1, 4-way skills camps and iFly tunnel camps organised by Alan Deadman for SEQS Club lay the groundwork. These events unearthed some raw talent and assisted the development of teams, heralding a renewed interest in Formation Skydiving in Queensland. Exciting times. Two great new Inter teams: "Impulse" and "Pullout" ran their inaugural competitions with some astonishing results. Both went on to the Nationals with more than a little friendly rivalry. The scratch Inter team

added value: "Five Guys" brought together Georgio from North Queensland, Stu from Byron Bay and a couple of locals lads, Adrian and Alex. A good looking team and highly respectable scores.

The weather was hot and stormy, but the atmosphere was not. Good humour, co-operation, hard work and teamwork made this the feel-good champs. With Michael Vaughan's valuable assistance as FS and Sport Accuracy Coach it was both a great comp and a productive time as everyone had the opportunity to increase their skills in both disciplines.

Special mention to the Hervey Bay team "Angry Wasps." We loved their humour and commitment and want to see more of their multi disciplinary competition team in the future.

An interstate contingent of Wingsuiters added a new dimension as we watched this exciting new competition discipline come to life. Five teams demonstrated a range of competition skills. It was wonderful to see them working with the judges as we all explored the way forward in the development of this new aspect of Wingsuit flying.

Two 4-way VFS teams, "Kinetic" and "Eight Feet Tall" meant a real VFS competition! It was a chance to practice and

prepare for the nationals and to expose the rest of us to some amazing skydiving.

Toogoolwah's Freestyle darlings WD40 made the most of the opportunity for some Nationals' preparation. And our only team from North Queensland "Northern Ayr Stars" took out the Open category with style and made the most of the great party that night! Thank you Jack Elford, your timing was awesome and your presence will be missed.

Sport Accuracy is a no brainer when the weather is good

and Michael Vaughan is debriefing the jumps. Eighteen entries from Toogoolawah, Byron Bay, Ripcord, Hervey Bay and Caloundra confirmed the popularity of this event. Congratulations to the medalists, Steve, Issac and Shane; and special mention to Jim McRae for his 0.00 and Shane Hutchison for his 0.20! Also to Greg White and Ben Fuller for their own personal sub-competition and bet, bad luck Greg!

Thank you to Ramblers, Dave McEvoy, Jenny and the manifest staff, and DZSO Belgy. You kept us safe and comfortable at this fabulous facility, making competition easy. Also our eternal thanks to the State Championship's Organising Team and volunteers who worked so hard to produce a great championship.

See you in North Queensland for 2015!

Lea Critchley, Meet Director



#JumoAPrincess

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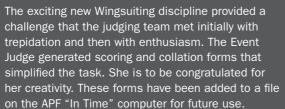


The judging team comprised:

- · Chief Judge: Sheena Simmonds
- Event Judge Wingsuiting: Lindy Williams
- Event Judge FS & VFS: Faye Cox
- · Event Judge AE: Cole Ruthenberg
- Event Judge Sport Accuracy: Sheena Simmonds

All jumps were timely judged. There were no protests from the competitors. I thank the judging team for their commitment and support.





It was noted that a VFS Advanced draw generated by "In Time" will include some Open formations. The competition draw was generated manually within the system.

Alan Deadman, Meet Organiser, and Lea Critchley, Meet Director, did a sterling job. They are to be congratulated for their dedication and hard work. The competition ran smoothly with only a threatened thunderstorm shortening the Wingsuiting competition and causing the Sport Accuracy to be completed on the weather day.

Despite the intense heat, a happy and relaxed atmosphere prevailed throughout the competition. All medals were presented on the days the event was completed.

Thanks also to Maureen and her canteen crew for keeping us fed and watered.

Sheena Simmonds, Chief Judge

















WINGSUIT REPORT

I was very privileged to be asked to film some of the Artistic Wingsuit competition at the recent QLD state Championships, and what an amazing competition it was!

WS Artistic is new in our country but making leaps and bounds and I hope to see more and more teams involved in future events.

The learning curve from only a year ago has been steep and just watching what most of the competitors had learned in such a short time made me proud and excited to see what is coming next.

Having filmed 4-way and 8-way for years now, I can tell you that Wingsuit Acro can be just as precise, fast, demanding and exciting to watch and film as any Flat-flying competition out there. As the cameraman, I can honestly say that it had been years since I found myself actually puffing after deployment yet smiling from ear to ear!

I saw some super slick moves, some pretty spectacular funnels, some fairly inexperienced Wingsuit flyers pull off moves they never thought they could, and most importantly, I saw massive smiles and hi-5's on landing from every Wingsuit pilot who competed. Wingsuit Artistic is here to stay and I see this competition seriously growing legs in Australia.

So if you want to give it a shot, talk to the guys you know who already do it, ask advice and check out the basic dive pool. Find a friend and do some jumps together and you'll love how much fun this is, and the amount you laugh while you're learning. This is Rel with Wingsuits! It's fast, fun, looks really cool after a bit of practice, and best of all, you can't cheat by practicing in a Wind Tunnel!

I encourage any Wingsuiter out there with around 50 WS jumps to get involved. Thanks for having me along guys, I had an absolute blast!

Paul Tozer















SOUTH AUSTRALIAN STATE

CHAMPIONSHIPS

By Cullen Habel Aerial photos: Gary Scheepens, Mitchell Biggs, Cullen Habel Ground Photos: Phil Bickle, Cullen Habel

While there's plenty of talent in the State of South Australia it can sometimes be tricky to get us all together for the sport of skydiving. But we couldn't let 2014 come and go without putting on Rel suits and turning some points. Well done to our State coach Travis Naughton.

2014 has been busy for S.A. in sport skydiving, and there have been a few competitions. The APF, S.A. Parachute Council, and the S.A. Sport Parachute Club generously supported our winter 2-ways Web Competition, followed up by a quick Scrambles competition at the end of August.

In late November we assembled some teams at historic Lower Light for a hit out. A total of seven teams got a taste for competition and kept the dream alive.

Many thanks to the APF, S.A. Sport Parachute Club and S.A. Parachute Council for their support. It was great to have Craig Vaughan as visiting coach, and thanks to Adelaide Tandem Skydiving and Allan Gray for going hard at it, getting a great show together.

4-WAY INTER

A combination of experience and new faces supported our 4-way competition.

Three old Farts plus One

Skydive love match Gary Scheepens and Skye Taylor teamed up with the prodigal Italian Tommaso Liccioli and long-term campaigner Paul Newbery.



Vee Go Now

Inspired by Vlasto Zamecnik's pre-exit words, Master Instructor Allan Gray worked it with the enthusiastic Martin Letch and delightful Angelique Rootman.



Good ol' Boys

Supporting their home State with a heap of experience were Flatfly veterans Michael Strickland and Pete Anderson, with serial larrikin Steve Boekel, and the ever reliable Matt Palmer.



Team					R1	R2	R3	Total
Good ol' Boys	Matt Palmer	Steve Boekel	Pete Anderson	Michael Strickland	10	10	11	31
Vee Go Now	Allan Gray	Vlasto Zamecnik	Martin Letch	Angelique Rootman	5	3	5	13
Three old Farts plus One	Gary Scheepens	Tommaso Liccioli	Skye Taylor	Paul Newberv	1	0	1	2

2-WAY

It's a great feeling to put a score on the board and four teams did themselves proud.

Damaged Goods

In a reprise of his team name from the S.A. Web Competition, founding member Martin Letch teamed up with 2-way powerhouse Angelique to take gold.



Hoovering around

Adam Pemble went from Big-ways to 2-ways with the energetic Skye Kalms to turn a few points.



Two Shakes

Dale (Shakey) Garner and Pete Miell managed to show that us that older dudes can still get a score.



Half Current

With a fresh attitude and heaps of energy, novice pair Matthew Muth and Caleb Lunt kept getting up on the board.



Team			R1	R2	R3	Total
Damaged Goods	Angelique Rootman	Martin Letch	11	17	16	44
Hoovering Around	Adam Pemble	Skye Kalms	3	12	10	25
Two Shakes	Dale Garner	Peter Miell	7	9	7	23
Half Current	Caleb Lunt	Matthew Muth	7	8	5	20

ON THE GROUND



Strickland, Craig Vaughan (visiting coach) Matt Palmer, Steve Boekel)





Ready for a load! Tommaso Liccioli and "Two Shakes" "Hoovering Around" and Mitchell Biggs.



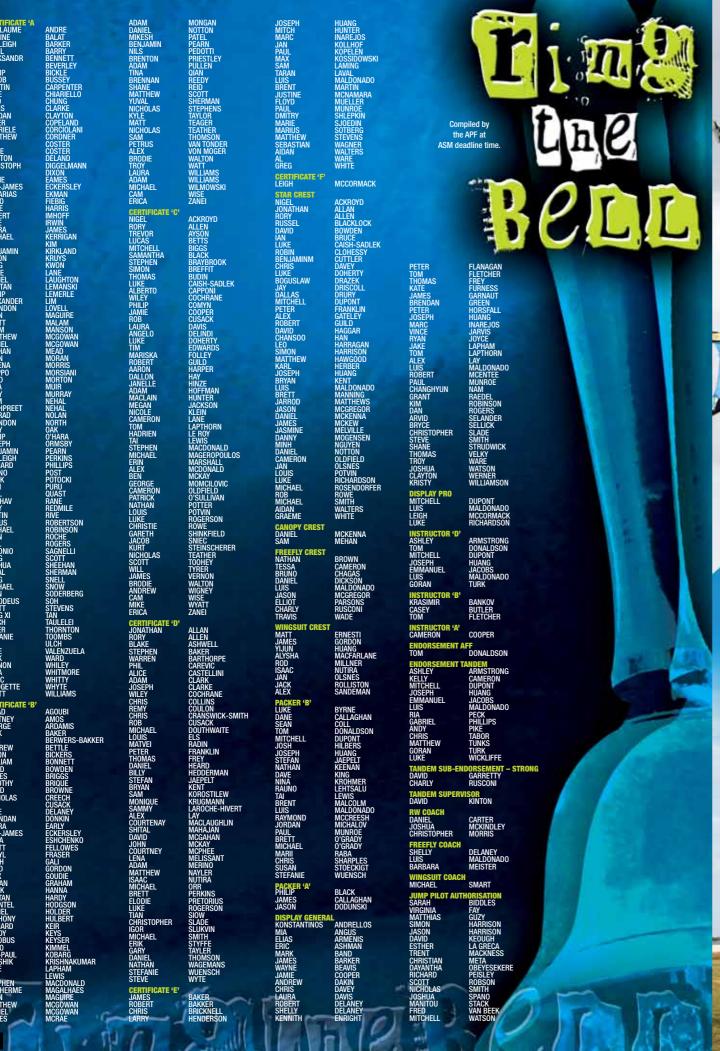
Sky Kalms and Angelique Rootman



Caleb Lunt, Matthew Muth and Mitchell Biggs









Source: APF Database as at deadline time

AIRCRAFT LEGEND

Aircraft Type Max. Skydivers 4 place Cessna 180 Cessna 185 4 place Cessna 182 5 place Cessna 206 10 place Islander 20 place Piper Navajo 10 place Reave 8 place, turbine Cessna Caravan 16 place, turbine Cresco 10 place, turbine 17 place, turbine Skyvan 20 place, turbine Helio Courier Helicopter

NORTHERN TERRITORY

DARWIN PARACHUTE CLUB INC. (DARWN) GPO BOX 3114, DARWIN NT 0801 CHIEF INSTRUCTOR: TERRY KING CLUB Ph 0412 442 745 DZ Ph 08 8976 0036 email: skydive@skydiveterritory.com.au Drop Zone Location: BATCHELOR AIRFIELD web: www.skydiveterritory.com.au Aircraft: Cessna 182

TOP END TANDEMS (TOP)
PO BOX 692, SANDERSON NT 0813
CHIEF INSTRUCTOR: ASHLEY SMITH
Club & DZ Ph 0417 888 645 email: topendtandems@bigpond.com Drop Zone Location: DARWIN - LEE POINT BEACH

web: www.topendtandems.com.au Aircraft: Cessna 182

SKYDIVE AYERS ROCK (SKYROK)

PO BOX 419, YULARA NT 0872 CHIEF INSTRUCTOR: SAM MCKAY Club & DZ Ph 0413 231 323 email: skydiveayersrock@gmail.com Drop Zone Location: AYERS ROCK RESORT Aircraft: Gipps Aero GA8 Airvan

OUEENSLAND - NORTH

AYRSPORTS INCORPORATED (AYRINC)

PO BOX 546, TOWNSVILLE QLD 4810 Non Training Operation Club Ph 07 4728 4437 email: wadeatkinson80@hotmail.com Drop Zone Location: THE AYR AERODROME Web: www.ayrsports.org.au

FAR NORTH FREEFALL INC (FARNTH) PO BOX 1058, TULLY OLD 48

Non Training Operation Club Ph 0428 420 500 email: issydore@hotmail.com Drop Zone Location: TULLY AERODROME

MACKAY PARACHUTE CENTRE (MAKAY)
9 ELAMANG ST, MACKAY QLD 4740
CHIEF INSTRUCTOR: RAY MAKIN

Club Ph 07 4957 6439 DZ Ph 0408 703 554 email: ray@skydivemackay.com.au Drop Zone Location: MARIAN AIRFIELD Web: www.skydivemackay.com.au Aircraft: Cessna 182m

MACKAY SKYDIVERS INC. (MSINC)

PO BOX 613, MACKAY QLD 4740 Non-Training Operation Drop Zone Location: Marian Airfield Club Ph: 0409 520 526 Email: secretary.skydiye@gmail.com

PAUL'S PARACHUTING (OSBO)

PO BOX 1615, BYRON BAY NSW 2481 CHIEF INSTRUCTOR: TODD GERRARD Club Ph 02 6639 8000 Fax 02 6684 6323 email: officecairns@australiaskydive.com Drop Zone Location: EDMONTON CAIRNS

web: www.australiaskydive.com.au Aircraft: Cessna 208

SKYDIVE AIRLIE BEACH (AIRLE)
PO BOX 5361, WOLLONGONG NSW 2500
CHIEF INSTRUCTOR: JONNY GOSS
Club Ph 1300 734 471
Fax 1300 338 803 email: k.oneill@skydive.com.au
Drop Zone Location: WHITSUNDAY AIRPORT, SHUTE

Web: www.skydiveairliebeach.com.au Aircraft: GA8

SKYDIVE CAIRNS (SDCNS)
PO BOX 1615, BYRON BAY NSW 2481
CHIEF INSTRUCTOR: STEVE LEWIS
Club Ph 02 6639 8000 Fax 02 6684 6323 emaii: adriankennedy@australiaskydive.com DROP ZONE LOCATION: TULLY AERODROME web: www.australiask Aircraft: Cessna 208

SKYDIVE CAPRICORN (SKYCAP)
29 AGNES ST, THE RANGE QLD 4700
CHIEF INSTRUCTOR: LLOYD COFIELD

Club Ph 0429 044 224 email: skydivecapricorn@icloud.com Drop Zone Location: HEDLOW AIRFIELD, YEPPOON Aircraft: Cessna 182 & 185

SKYDIVE THE WHITSUNDAYS (WHITS) PO BOX 5, CANNONVALE OLD 4802

Non Training Operation Club Ph 0414 566 697 email: nqpc@mackay.net.au Drop Zone Location: PROSERPINE/SHUTE HARBOUR Aircraft: Cessna 182

SKYDIVE TOWNSVILLE (MOSS)

PO BOX 1786, TOWNSVILLE OLD 4810 CHIEF INSTRUCTOR: ALAN MOSS Club Ph 07 4721 4721 DZ Ph 0412 889 154 email: info@skydivetownsville.com DROP ZONE LOCATION: 1) AYR AIRPORT 2) THE STRAND web: www.skydivetownsville.com

Aircraft: C182 TANDEM CAIRNS (CAIRNS)
PO BOX 753, BUNGALOW QLD 4870
CHIEF INSTRUCTOR: ADAM DAVIES Club Ph 07 4015 2466 Fax 07 4041 7724

email: support@sydneyskydivers.com.au DROP ZONE LOCATION: INNISFAIL AIRPORT web: www.tandemcairns.com.au Aircraft: Cresco XL, de Havilland Beaver, Cessna Caravan, Cessna 182, C185

QUEENSLAND - SOUTH

FUNNY FARM (FUNFAR)
BURLOO, BUNGUNYA OLD 4494
CHIEF INSTRUCTOR: ROGER MULCKEY Club Ph 0429 630 897 email: mulckey@gmail.com
Drop Zone Location: Bungunya QLD www.funnyfarmaustralia.com Aircraft: C-182 (Super)

GATTON SKYDIVERS CLUB INC (GATT)
15 ROTHESAY STREET, KENMORE OLD 4069

Non Training Operation Club Ph: 0438 198 372 Email: gatton.skydivers@gmail.com Drop Zone Location: TOOGOOLAWAH

GOLD COAST SKYDIVE PTY LTD (TGOLD)
PO BOX 332 , COOLANGATTA QLD 4225
CHIEF INSTRUCTOR: ARCHIE JAMIESON
Club & DZ Ph 07 5599 1920

Fax 07 5599 1921 email: info@goldcoastskydive.com.au Drop Zone Location: KIRRA BEACH & LEN PEAK OVAL

web: www.goldcoastskvdive.com.a Aircraft: Cessna 182, Piper Chieftair

BRISBANE BEACH SKYDIVING (ASQ) PO BOX 166 , GEEBUNG QLD 4034 CHIEF INSTRUCTOR: PAUL TURNER Club 07 3314 3664 email: info@skydivebribie.com.au

Drop Zone Location: RAGLAN & WOORIM BEACH BRIBIE web: www.skydivebribie.com.au

Aircraft: C182 & C206

RAMBLERS PARACHUTE CENTRE (RAMBL)
CHIEF INSTRUCTOR: DAVID McEVOY
PO BOX 136, TOOGOOLAWAH QLD 4313
Club Ph 07 5423 1159 email: skydive@ramblers.com.au Drop Zone Location: TOOGOOLAWAH Aircraft: Cessna 208 and Cessna 182

REDCLIFFE CITY SKYDIVING (RED) PO BOX 1615, BYRON BAY NSW 2481 CHIEF INSTRUCTOR: JOHN COOK Club Ph 02 6639 8000

web: www.ramblers.com.au

Fax 02 6684 6323 email: adriankennedy@australiaskydive.com Drop Zone Location: SUTTONS BEACH - REDCLIFFE web: www.australiaksydive.com Aircraft: Cessna 208

RIPCORD SKYDIVERS ASSOCIATION (RIPA)

50 RICHARDS STREET, LOGANLEA QLD 4131 Non Training Operation Ph 0408 986 701 Email: john8paul@hotmail.com Drop Zone Location: GATTON

SKYDIVE CABOOLTURE (CAB)
PO BOX 268, GLASS HOUSE MOUNTAINS QLD 4518 Non Iraining Operation Club/DZ Ph 0414 704 415 email: imc@big.net.au Drop Zone Location: CABOOLTURE AIRFIELD

Aircraft: Cessna 182, Cessna 206 SKYDIVE HERVEY BAY (HERVEY) PO BOX 5422, TORQUAY QLD 4655 CHIEF INSTRUCTOR: PETER AGNEW Club/DZ Ph 0458 064 703

email: pete@skydiveherveybay.com.au Drop Zone Location: HERVEY BAY AIRPORT Web: www.skydiveherveybay.com.au Aircraft: Cessna 182

SKYDIVE RAMBLERS RAINBOW BEACH (RAINBO)

PO BOX 7, RAINBOW BEACH QLD 4581 CHIEF INSTRUCTOR: STEVE GEENS Club Ph 0418 218 358 email: rainbow@skydiveforfun.com.au Drop Zone Location: RAINBOW BEACH web: www.skydiveforfun.com.au Aircraft: Cessna 182 (Super)

SKYDIVE RAMBLERS SUNSHINE COAST (SKRAM)
PO BOX 178, MOFFAT BEACH QLD 4551
CHIEF INSTRUCTOR: DAVID MCEVOY

Club Ph 07 5448 8877 email: jump@skydiveforfun.com.au Drop Zone Location: COOLUM BEACH and BLI BLI web: www.skydiveforfun.com.au Aircraft: Piper Chieftan and Cessna 182 (Super)

SOUTH EAST QUEENSLAND SKYDIVERS INC (SQS)

102 Lyndon Way, Karalee QLD 4306 Non Training Operation Club Ph 0408 729 749 email: seqsclub@gmail.com web: www.seqsclub.com.au

SUNSHINE COAST SKYDIVERS (SSCSC) PO BOX 1079, CALOUNDRA QLD 4551

CHIEF INSTRUCTOR: TIBOR GLESK Club Ph 07 5437 0211 email: admin@sunshinecoastskydivers.com.au Drop Zone Location: CALOUNDRA AIRPORT web: www.sunshinecoastskydivers.com.au Aircraft: Piper Navajo

TOOGOOLAWAH SKYDIVERS CLUB INC. (RASP) 40 SWORD ST, WOOLLOONGABBA OLD 4102 Non Training Operation Club Ph 0418 154 119 Drop Zone Location: TOOGOOLAWAH

Aircraft: Cessna Caravan

NEW SOUTH WALES

ADRENALIN SKYDIVE (TUDD) PO BOX 844, GOULBURN NSW 2580 CHIEF INSTRUCTOR: MATT CHAMBERS Club phone: 0422 585 867 email: bookings@askydive.com.au Drop Zone Location: GOULBURN AIRPORT, NSW

AIRBORNE SUPPORT SERVICES (3RAR) 11 YANDERRA ROAD, TAPITALLEE NSW 2540 CHIEF INSTRUCTOR: LEIGH SHEPHERD CLUB & DZ PHONE: 0487 505 800

email: shep@airbornesupportservices.com Drop Zone Location: Nowra Airfield Aircraft: Cessna 185 and 182 COASTAL SKYDIVERS (COAST)

23 BLUEWATER CLOSE, WAUCHOPE NSW 2446 CHIEF INSTRUCTOR: TONY MAURER Club & DZ Ph 0428 471 227

email: jumpportmac@bigpond.com Drop Zone Location: PORT MACQUARIE AIRPORT NSW web: www.coastalskydivers.com Aircraft: Casena 182

COFFS CITY SKYDIVERS (COFFS)
PO BOX 4208, COFFS HARBOUR NSW 2450
CHIEF INSTRUCTOR: LAWRENCE HILL Club Ph 02 6651 1167 Fax 02 6651 1094 email: jump@coffsskydivers.com.au Drop Zone Location: COFFS HARBOUR AIRPORT web: www.coffsskydivers.com.au Aircraft: Cessna 182 & Cessna 206

SKYDIVE THE BEACH & BEYOND - NEWCASTLE

(GOFAST)
PO BOX 5361 WOLLONGONG, NSW 2520
CHIEF INSTRUCTOR: BILL TUDDENHAM
Club Ph 1300 734 471 Fax 1300 338 803 email: k.oneill@skydive.com.au Drop Zone Location: WHITTINGHAM AIRFIELD, web: www.skydive.com.au Aircraft: Cessna 206, 208, 182

NEWCASTLE SPORT PARACHUTE CLUB (NSPC)

PO BOX 158 BRANXTON, NSW 2335 CHIEF INSTRUCTOR: ROBERT McMILLAN DZ ph: 0422 870 009

email: enquiry@nspc.net.au
Drop Zone Location: MOORES LANE, ELDERSLIE and
WITTINGHAM AIRFIELD, SINGLETON

web: www.nspc.net.au Aircraft: Cessna 208

SIMPLY SKYDIVE - PENRITH LAKES SKYDIVING CENTRE

(DONNO) PO BOX 1615, BYRON BAY NSW 2481 CHIEF INSTRUCTOR: RAY PALMER Club & DZ Ph 02 6639 8000 Fax 02 6684 6323

email: adriankennedy@australiaskydive.com Drop Zone Location: PIONEER DAIRY (near TUGGERAH) AIRFIELD

web: www.australiaskydive.com Aircraft: Cessna 208

SKYDIVE BYRON BAY (BYRON)
PO BOX 1615, BYRON BAY NSW 2481
CHIEF INSTRUCTOR: STUART GOUGH Club Ph 02 6639 8000 Fax 02 6684 6323 email: adriankennedy@australiaskydive.com Drop Zone Location: TYAGARAH AIRFIELD web: www.australiaskydive.com Aircraft: Cessna 208

SKYDIVE COFFS HARBOUR (SKYCOF)

PO BOX 1615, BYRON BAY NSW 2481 CHIEF INSTRUCTOR: MARK BRODY Club Ph 02 6639 8000 DZ Fax 02 6684 6323 email: adriankennedy@australiaskydive.com Drop Zone Location: TYAGARAH AIR web: www.australiaskydive.com Aircraft: Cessna 208

SKYDIVE MAITLAND (NSWTS) PO BOX 202, RUTHERFORD NSW 2320 CHIEF INSTRUCTOR: JASON CLARKE Club Ph 0425 200 185 DZ Ph 02 4932 7989

email: info@skydivemaitland.com.au Drop Zone Location: MAITLAND AIRPORT, RUTHERFORD web: www.skydivemaitland.com.au Aircraft: Turbine Stretch Fletch PT6 and Cessna182

SKYDIVE MUDGEE (MUDGE)

15 AMARANTHUS PLACE, MACQUARIE FIELDS NSW 2564
CHIEF INSTRUCTOR: RAY CURRY
Club Ph: 0410 788 589 DZ: 0410 885 867 Description of the control of the co

Aircraft: Cessna 185

SKYDIVE OZ (PAUL)
PO BOX 925, MORUYA NSW 2537
CHIEF INSTRUCTOR: PAUL SMITH Club Ph 0438 185 180, email: fun@skvdiveoz.com.au

Drop Zone Location: MORUYA AIRFIELD, MORUYA BEACH AND TRANGIE web: www.skydiveoz.com.au/ Aircraft: Cessna 182 and Cessna 185

SKYDIVE THE BEACH & BEYOND SYDNEY/

WOLLONGONG (SBS)
PO BOX 5361, WOLLONGONG NSW 2500
CHIEF INSTRUCTOR: MAX MOTZO CLUB & DZ Ph 1300 663 634 Fax 1300 338 803 email: k.oneill@skydive.com.au Drop Zone Location: STUART PARK, WOLLONGONG web: www.skydive.com.au

Aircraft: C208; P750; C182

SKYDIVE THE BEACH BYRON BAY (MULCKY)

CHIEF INSTRUCTOR: JOE STEIN
PO BOX 5361 WOLLONGONG NSW 2520
Club Ph 1300 734 471 Fax 1300 338 803 email: k.oneill@skydive.com.au Drop Zone Location: Evans Head web: www.skydive.com.au Aircraft: C82, PA-31 Navajo

SKYDIVE THE BEACH AND BEYOND - CENTRAL COAST

(SCC)
CHIEF INSTRUCTOR: MAX MOTZO PO BOX 5361, WOLLONGONG NSW 2520 Club & DZ ph 1300 734 471 Fax 1300 338 803 email: k.oneill@skydive.com.au Drop Zone Location: Warnervale Airport web: www.skydive.com.au Aircraft: C182; C208

SKYDIVING NSW DROP ZONE (NSWDZ) PO BOX 764, TAREE NSW 2430 CHIEF INSTRUCTOR: MARK BRODY Club & DZ Ph 0418 730 741. email: skydivingnsw@bigpond.com Drop Zone Location: TAREE AIRPORT Aircraft: Cessna182

SYDNEY SKYDIVERS (SYD)
PO BOX 226, MILPERRA NSW 2214
CHIEF INSTRUCTOR: RUSSELL BROWN
Club Ph 02 9791 9155 DZ Ph 02 4630 9265 email: support@sydneyskydivers.com.au Drop Zone Location: PICTON web: www.sydneyskydivers.com.au

Aircraft: Cessna Caravan, de Havilland Beaver & XL

TANDEM SKYDIVING (TANDY)
25 COMARA CLOSE, COFFS HARBOUR NSW 2450
CHIEF INSTRUCTOR: RICHARD PETTERS Club/DZ Ph 0418 275 200 email: rpetters@ozemail.com.au DROP ZONE LOCATION: CAMBEWARRA

WESTERN DISTRICTS PARACHUTE CLUB (WDPC)
PO BOX 172, DUBBO NSW 2830
NON-TRAINING CLUB Club Ph 02 6884 8266 DZ Ph 02 6978 0137 email: lyndon.p@optusnet.com.au Drop Zone Location: FORBES AIRPORT Aircraft: Cessna 182

SOUTH AUSTRALIA

ADELAIDE TANDEM SKYDIVING (SAJ) PO BOX 1014, GOLDEN GROVE SA 5125 CHIEF INSTRUCTOR: ALLAN GRAY Club Ph 08 8261 4161 DZ phone 08 8520 2660 email: info@adelaideskydiving.com.au Drop Zone Location: LOWER LIGHT

web: www.adelaideskydiving.com.au Aircraft: Cessna 182, C206 SKYDIVE THE COAST (COOL) PO BOX 333, GLENELG SA 5045 CHIEF INSTRUCTOR: MARK GAZLEY

Club Ph 0448 148 490 email: jump@coastalskydive.com.au Drop Zone Location: GOOLWA AIRFIELD web: www.coastalskydive.com.au Aircraft: Cessna 182

SA SKYDIVING (SASD) 2/193 GLEN OSMOND ROAD, FREWVILLE SA 5063 CHIEF INSTRUCTOR: GREG SMITH Club/DZ Ph 0418 845 900 email: greg@saskydiving.com.au Drop Zone Location: LANGHORNE CREEK AIRFIELD web: www.saskydiving.com.au Aircraft: Cessna 206, Cessna 182

VICTORIA/TASMANIA

AUSTRALIAN SKYDIVE (AIRS)
PO BOX 839, TORQUAY VIC 3228
CHIEF INSTRUCTOR: RALPH HAMILTON-PRESGRAVE Club Ph 1800 557 101 DZ Ph 0434 174 773

email: info@australianskvdive.com.au Drop Zone Location: BRIDGEWATER ON LODDON web: www.australianskydive.com.au

Aircraft: Cessna 182, 206 & 208 **AUSTRALIAN SKYDIVE (TORQ)** PO BOX 839, TORQUAY VIC 3228 CHIEF INSTRUCTOR: GREG BAYLY Club Ph 1800 557 101

email: info@australianskydive.com.au Drop Zone Location: TIGER MOTH WORLD TORQUAY

web: www.australianskydive.com.au Aircraft: Cessna 182, 206 COMMANDO SKYDIVERS INCORPORATED (CDO)

PO BOX 2066, ROWVILLE VIC 3178 CHIEF INSTRUCTOR: Peter Knights Club Ph 1300 555 956 DZ Ph 03 5998 3702 email: info@commandoskydivers.com.au Drop Zone Location: 1) TOORADIN AIRFIELD 2) PHILLIP

web: www.commandoskydivers.com.au Aircraft: 1 x Cessna 206, 1 x 'Turbocharged' GAS Airvan

SKYDIVE THE BEACH & BEYOND YARRA VALLEY (VPC) PO BOX 5361, WOLLONGONG NSW 2: CHIEF INSTRUCTOR: GREG HAYS Club Ph 1300 734 471

Fax 1300 338 803 email: k.oneill@skydive.com.au Drop Zone Location: LILYDALE AIRPORT

RELWORKERS INCORPORATED (WORK)

7 Akers Court Darley VIC 3340 Non Training Operation Drop Zone Location: NO FIXED DZ Club Ph: 0409 802 338 email: simlark@yahoo.com web: http://jump.relworkers.org/

SKYDIVE NAGAMBIE (CROSS) PO BOX 311, NAGAMBIE VIC 3608 CHIEF INSTRUCTOR: DON CROSS Club Ph 03 5794 1466 email: jump@skydivenagambie.com Drop Zone Location: NAGAMBIE web: www.skydivenagambie.con Aircraft: XL 750 & Cessna 182

SKYDIVE THE BEACH & BEYOND GREAT OCEAN ROAD (GOROAD)
PO BOX 5361 WOLLONGONG, NSW 2520
CHIEF INSTRUCTOR: PAUL MURPHY
Club Ph 1300 734 471 Fax 1300 338 803 email: k.oneill@skydive.com.au
Drop Zone Location: BARWON HEADS AIRPORT Web: www.skydive.com.au
Aircraft: Cessna 206, P750
SKYDIVE THE BEACH & BEYOND MELBOURNE (STBM)
PO BOX 5361, WOLLDNGONG NSW 2520
CHIEF INSTRUCTOR: GREG HAYS

Club Ph 1300 734 471 Fax 1300 338 803 email: k.oneill@skydive.com.au Drop Zone Location: MORAN RESERVE, ELWOOD web: www.skydive.com.au Aircraft: C206; P750

SKYDIVE VICTORIA (TOOR) PO BOX 16, COROWA NSW 2646 CHIEF INSTRUCTOR: FRANK SMITH

email: enquiries@skydivevictoria.com.au Drop Zone Location: COROWA AIRPORT web: www.skydivevictoria.com.au Aircraft: VARIOUS

WESTERN AUSTRALIA

FOR LOVE OF SKYDIVING (FLOS)

HANGAR I, 2 MUSTANG ROAD. JANDAKOT AIRPORT, WA

CHIEF INSTRUCTOR: ROBIN O'NEILL Club Ph 08 9417 9400 DZ Ph 08 9531 1433 Drop Zone Location: PINJARRA
Aircraft: Cessna Grand Caravan 208B: Cessna 182

HILLMAN FARM SKYDIVERS INC. (HILL)

PO BOX 75, FLOREAT WA 6014 Non Training Operation
Drop Zone Location: HILLMAN FARM AIRSTRIP Club Ph 08 9736 1386 email: lwiltshire@iinet.net.au Aircraft: Cessna 206

KAMBALDA SKYSPORTS (KAMBA) PO BOX 79. KAMBALDA WEST WA 6444 CHIEF INSTRUCTOR: MICK MURTAGH Club / DZ Ph 0419 853 193 email: murtaghm@bigpond.net.au Drop Zone Location: KAMBALDA WEST AIRSTRIP Aircraft: Cessna 182

SKYDIVE JURIEN BAY (PPNW) PO BOX 810, JURIEN BAY WA 6516 CHIEF INSTRUCTOR: PETE LONNON Club Ph 08 9652 1320

email: jump@skydivejurienbay.com Drop Zone Location: JURIEN BAY BEACH AND AIRPORT web: www.skydivejurienbay.com Aircraft: Cessnas 182, 206 and Caravar

SKYDIVE BROOME (BROOM) 11A SALTBUSH COURT, WICKHAM WA 6720 CHIEF INSTRUCTOR: RALPH FORD Club/ DZ Ph: 0403 477 557

Drop Zone Location: WICKHAM AIRSTRIP & BROOME TURF web: www.skydivebroome.com.au

Aircraft: Cessna 182 SKYDIVE THE BEACH AND BEYOND YORK (EXPR) PO BOX 5361, WOLLONGONG NSW 2500

Email: wickhamskydivers@hotmail.com

CHIFF INSTRUCTOR: ANDREW KNOWLES Club Ph 1300 734 471

email: k.oneill@skydive.com.au Drop Zone Location: YORK web: www.skydive.com.au Aircraft: Cessna Caravan and Cessna 182

SKYDIVE KALBARRI (BARRI) PO BOX 427, KALBARRI WA 6536 CHIEF INSTRUCTOR: DANIEL ALDRIDGE Club Ph 0400 355 730 email: skydivekalbarri@gmail.com
Drop Zone Location: KALBARRI AIRPORT

web: www.skydivekalbarri.com Aircraft: Cessna 206 SOUTHERN SKYDIVERS (PURE)

PO BOX 1478, BUSSELTON WA 6280 CHIEF INSTRUCTOR: GLENN STUTT DZ Ph 0439 979 897

email: skydive@southernskydivers.com.au Drop Zone Location: BUSSELTON REGIONAL AIRPORT Web www.southernskydivers.com.au

Aircraft: TC320, GA8, HP Cessna 182 SPORTING SKYDIVERS CLUB OF WA (SSCWA) 10 VALENCIA GROVE, MOUNT NASURA WA 6112 Non Training Operation

Club Ph 08 9399 7333 email cblenco@bigpond.net.au Drop Zone Location: VARIOUS

WEST AUSTRALIAN SKYDIVING ACADEMY (WASAC)
HANGER I, 2 MUSTANG ROAD. JANDAKOT AIRPORT, WA

Non Training Operation Club Ph 08 9417 9400 email: wasac@iinet.net.au Drop Zone Location: PINJARRA Web: www.waskydiving.com.au Aircraft: Cessna 208B Grand Caravan, Cessna182

WEST OZ SKYDIVING (WOZKY) 288 HILLMAN ROAD, DARKAN, WA 6392 CHIEF INSTRUCTOR: MARSHALL POWER Club Ph 08 9350 7853 email: westozskydiving@eftel.net.au Drop Zone Location: HILLMAN FARM - DARKAN Web: www.westozskydiving.com.au

Aircraft: Cessna 206 WICKHAM SKYDIVERS INCORPORATED (WSI)

11A SALTBUSH COURT, WICKHAM, WA 6720 Non Training Operation Club Phone: 0403 477 557 Email: wickhamskydivers@hotmail.com Web: www.wickhamskydivers.com.au Drop Zone Location: WICKHAM

